

CAMP CA ASIA							Let's Dance (Age: 9-12)						
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday			
08:30 – 09:00		Arrival											
09:00 – 10:00		Step It Up Party <i>Start with ice breaker games, establish rules, enjoy a dance tele match, and learn about dynamic and static warm-up in dance</i>		Start Strong <i>Explore body stretching, then test speed, strength, agility in power fitness tele match, preparing to be great dancers</i>		Push Further <i>Engage in dynamic dance fitness, testing stamina in a non-stop dance party to enhance endurance</i>		Finish Fierce <i>Master warm-ups, dynamic vs. static exercises, Sweat it out in a dance workout, improving their overall fitness and movement quality</i>		Revise & Rise! <i>Brush up on activities, revise the awesome dance moves and refresh skills. Revisit favorite music beats and tracks</i>			
10:00 – 10:30		AM Break											
10:30 – 11:00		Rhythm & Tempo Training <i>Explore counting music and listening to beats of different tempo</i>		Practice Makes Perfect <i>Become proficient dancers, by practicing what is learned, honing skills through repetition and dedication</i>		Dance Crew Discussion <i>Get together in teams to foster crew identity, friendship and teamwork</i>		Rehearsal 2.0 <i>Organize all the cool moves learned including their personal signature moves and unique formation changes. Following direction, unveil a dazzling dance routine, primed for the spotlight</i>		Last Rehearsal <i>Fine tune moves and excel in an intensive rehearsal session for a flawless grand finale performance, working together to set the stage</i>			
11:00 – 12:00		Groove & Move <i>Elevate dance skills by learning some basic street dance moves</i>		Advanced Moves <i>Be exposed to different types of popular music, beats and rhythms, and introduced to more challenging dance moves to elevate abilities</i>		Master The Moves <i>Revise, recap, memorize. Train memory, discovering the Memory Master, engaging in a fun challenge with jumbled moves</i>							
12:00 – 12:30		Lunch											
12:30 –13:30		Teamwork Together <i>Form two of the greatest dance crews and engage in team-building games such as the survivor team challenge</i>		Dance Battle <i>Explore this exciting concept by first defining a group identity and crafting personal dance moves</i>		Rehearsal 1.0 <i>Decode the performance music track while piecing together the choreography, contribute dance moves and creating signature moves. Learn to focus and work together to craft out the performance</i>		Ignite Creativity <i>Explore other forms of dance movements and try something new</i>		Showtime Polish <i>Preparation, donning vibrant outfits and accessories, and engage in a final rehearsal to ensure perfection</i>			
13:30 – 14:45		Formations <i>Explore dance formations and positions inspired by shapes, sizes, and everyday objects around them</i>		Freestyle Flow <i>Unleash freestyle moves and showcase creativity on the dance floor</i>				Reflections What Did We Do? <i>Reflect on the dance journey and celebrate their success together with a LET'S MOVE Dance Party!</i>		The Grand Finale <i>It's Showtime! Showcase talent to family and friends, capturing memories with performance videos and photos. Then, certificates, awards, and a thank you ceremony</i>			
14:45 – 15:00		PM Break / Pack up / Home											



Space Cadet (Age: 9-12)

SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Icebreakers <i>Play a variety of ice breaker games to get to know classmates and teachers</i>	3D Modeling <i>Design their own decorative Space 3D Model</i>	Living in Space <i>Discuss about life in space and a demo of how to make oxygen</i>	Space Robot Programmer <i>Learn how to control Robot Arms</i>	Space Farming <i>Learn about agriculture and farm automation in space</i>
10:00 – 10:30	AM Break				
10:30 – 12:00	Space Robot Engineer 1 <i>Build a 4-Degree of Freedom Robot Arm (Base)</i>	Space Robot Engineer 2 <i>Continue to build the Robot Arm (Side 1 & 2)</i>	Space Robot Engineer 3 <i>Continue to build the Robot Arm (Claw)</i>	Space Robot Challenge <i>Participate in various programming challenges to control the robot arms</i>	FarmBot <i>Learn about automated planting and watering systems that uses pumps and sensors</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	3D Printing in Space <i>Learn about the uses of 3D printing in Space</i>	3D Printing <i>Learn how 3D printers work and print the designs</i>	Space Robotics <i>Learn about the usage of rovers, drones, and robot arms in space exploration</i>	Solar Energy <i>Learn how solar panels work and integrate solar power to the FarmBot</i>	Astronaut School <i>Take part in various VR games and space simulator challenges</i> <i>Conclude with a Certificate Presentation</i>
13:30 – 14:45	3D Modeling Basics <i>Learn how to use a CAD to design 3D parts</i>			Resource Extraction <i>Learn how to extract resources from space minerals</i>	
14:45 – 15:00	PM Break / Pack up / Home				

	STEM Explorers (Age: 9-12)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Welcome <i>Ice breakers and sharing of rules and essential agreements</i>	Fun with IoT <i>Building Blocks with the ESP32 electronic development board</i>	Computational LEGO <i>Coding patterns in LEGO</i>	Video Game Design <i>Introduction to GDevelop</i>	RPG <i>Creating maps</i>
10:00 – 10:30	AM Break				
10:30 – 12:00	2.5D Modeling <i>Vector Modeling & Laser Cutting</i>	Light Effects <i>Basic coding for different lighting effects using LED strips</i>	Sensible LEGO <i>Using LEGO Sensors to create interesting designs</i>	Basic Animation <i>Character movements and sprite animations in GDevelop</i>	NPCs & Enemy AI <i>Designing interesting characters and developing a unique story for games</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	Decorative Light Project <i>Work on a custom-made, laser-cut wooden decorative light model</i>	Final Touches <i>Assembling the final model from all the various pieces</i>	LEGOs in Action <i>Self-directed LEGO Robotics projects from SumoBots to Programmable Safes</i>	Dodge the Creep <i>Create a casual game from scratch in GDevelop</i>	PlayTesting <i>Finishing basic RPG game and challenge others to complete custom quests</i>
13:30 – 14:00		LEGOMotion <i>LEGO-Powered Machines</i>			<i>Continue to develop games at home</i>
14:00 – 14:45					Conclusions & Certificates <i>Final thought sharing session and certificate presentation for program completion</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA						Kindness Economy (Age: 6-8)					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		What Are Needs vs. Wants? <i>Discuss the difference and use examples relevant to everyday lives</i>		Kindness Relay Race <i>Discuss how sharing helps build relationships and saves resources</i>		What Does Saving Mean? <i>Discuss the importance of saving and what they might save for in their own lives</i>		What is Budgeting <i>Discuss how to prioritize spending when resources are limited</i>		Financial Review <i>Recap key concepts Through this journey – needs vs. wants, saving, spending, and teamwork</i>	
09:30 – 10:00		Freeze Dance <i>Dance to music, freeze when stopped, and quickly choose sides labeled "Need" or "Want" based on shouted items</i>		The Sharing Bear <i>Talk about what sharing means to through a fun interactive game</i>		Help Save Sam <i>Think creatively about how to save Sam the gummy worm - talk about the different meanings the word ‘saving’ has</i>		Desert Island Survival <i>Experience a survival simulation where careful consideration of wants and needs are tested</i>			
10:00 – 10:30		AM Break									
10:30 – 11:00		Lost Backpack Adventure <i>Race to match coins to items intended to buy, practicing money identification and counting.</i>		Shopping for Sharing Bracelets <i>Collaborate to make sharing bracelets</i>		Spending vs Saving <i>Search for items around the room with price tags, adding them to their “cart” while staying under budget</i>		Building a Playground <i>Work in groups to design a playground using a set budget</i>		Final Savings Goal Poster <i>Make any new additions to the savings poster based on what is learned during the week</i>	
11:00 – 11:30		Create a Currency <i>Design own currency</i>									
11:30 – 12:00		Cooperative Tower Build <i>Work together to build a tower using provided materials in a race to the sky</i>		Build a Roller Coaster <i>Share resources to build a ping pong ball roller coaster</i>		Build It or Save It? <i>Create a poster showing what money is spent on to design an art station</i>		Camp Task Trading Challenge! <i>Teams negotiate and trade items to acquire what is needed to complete a shared objective</i>		Kindness Tree Wrap-Up <i>Review the challenges completed and calculate the total leaves (stocks) earned</i>	
12:00 – 12:30		Lunch									
12:30 – 13:30		12 Ways to Show Kindness <i>Brainstorm different ways that to show kindness, both in camp and at home</i>		Kindness Tree Check-In <i>Reflect on yesterday’s acts of kindness and set a new kindness goal for today</i>		Kindness is Contagious <i>Create an art project to help promote kindness</i>		Kindness Tree Check-In <i>Update the Kindness Tree with new leaves and write a sentence about favorite acts of kindness</i>		Growth Storytime <i>Collaboratively create a fun story about the financial journey during camp</i>	
13:30 – 14:15		Kindness Tree Introduction <i>Introduce the Kindness Challenge Tree and explain how to earn leaves (stocks) (e.g., helping a friend, sharing supplies)</i>		Kindness Market Creation <i>Work in teams to design colorful “Kindness Market” stalls that offer imaginary products or services promoting empathy, sharing, and generosity</i>		Kindness Tree Check-In <i>Share one kind thing they did and cheer for teammates who earned new leaves</i>		Build-A-Business Challenge <i>Share business ideas and explain the product idea</i>		Kindness Tree Count <i>Count all the leaves earned and reflect</i>	
14:15 – 14:45		Storytime and Daily Reflection <i>End the day with a calming story and reflection time focused on kindness and gratitude</i>		Storytime and Daily Reflection <i>End the day with a calming story and reflection time focused on Integrity</i>		Storytime and Daily Reflection <i>Reflect on the day and relax with a read-along related to friendship</i>		Storytime and Daily Reflection <i>Reflect on the day and relax with a read-along related to friendship</i>		Showcase and Celebration <i>Display savings goal posters, tree trackers, and share learning experiences with parents</i>	
14:45 – 15:00		PM Break / Pack up / Home									

 Smart Saver (Age: 9-11)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Saving Basics <i>Interactive discussion on saving vs. spending. Create a digital mind map in Canva or on a poster showing reasons to save</i>	SMART Goals <i>Learn what SMART goals are and why they're useful for saving. Choose a personal goal and make it SMART</i>	Interest Basics <i>Learn about simple vs. compound interest using basic examples. Calculate compound interest over time</i>	Saving Strategies <i>Brainstorm ways to save money in everyday life. Write 3 saving habits to start</i>	Savings Jeopardy <i>Begin a fun quiz-style review game covering all concepts learned and allow time for discussion and laughs</i>	
10:00 – 10:30	AM Break					
10:30 – 11:00	Savings Shelter <i>Earn currency by completing class tasks. Use materials to build a creative ‘Savings Shelter’</i>	Saving Fred Challenge <i>Saving isn’t always about money</i>	Money Management Skittles Savings Activity <i>Making money-saving a real treat</i>	Creative Piggy Bank <i>Plan out piggy bank designs building it with recycled materials</i>	Investment Challenge Finale <i>Tally ending savings plus investments</i>	
11:00 – 11:30			Marshmallow Test <i>A test in delayed gratification</i>		Awards for top saver	
11:30 – 12:00		Me and My Money Flipbook <i>Produce different ways to save, earn, spend and donate</i>	The Great Marshmallow Challenge <i>Build a marshmallow tower</i>	Creative Piggy Bank Showcase <i>Present their piggy banks and explain the design</i>	Coupon Creation <i>Create a coupon book to take home</i>	
12:00 – 12:30	Lunch					
12:30 – 13:30	Savings Tracker Draft Savings Shelter Challenge <i>Choose a savings goal and draft their tracker layout</i>	Savings Tracker Creation <i>Begin designing a personal savings tracker in Canva or physical version</i>	Savings Tracker Upgrade <i>Update trackers to include projected interest growth</i>	Tracker Completion <i>Include savings habits and interest projections</i>	Savings Envelopes <i>Create individual money envelope savings trackers</i>	
13:30 – 14:15	Investment Challenge Kick-off <i>Receive Kidz Economy Cash and banks as they begin investing, spending or saving</i>	Investment Challenge Update <i>Decide whether to invest or save camp currency</i>	Investment Challenge Update <i>Introduce a savings accounts with interest</i>	Investment Challenge Update <i>Rebalance investments and savings</i>	Showcase Prep <i>Put the finishing touches on presentations and set up stations to show the work</i>	
14:15 – 14:45	Reflection and Saving Charades <i>Act out different savings goals or spending choices</i>	Reflection and Goal Bingo <i>Each square has a SMART goal example or savings scenario</i>	Compound Cup Tower Challenge <i>Teams build cup towers to represent compound growth</i>	Habit Relay Race <i>Relay-style activity with stations for different saving habits</i>	Showcase Presentations <i>Present all the work to parents and friends</i>	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA Junior Scientist (Age: 6-8)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 09:30	Ice Breakers Participate in introductory games to build community and peer relationships	Cranes and Mechanical Forces Build a magnetic crane to lift and move ferrous materials while exploring magnetism, engineering, and simple machines	Construct Elevator Construct a miniature elevator to explore pulleys, lifts, and mechanical systems	Aerospace Rover Assemble a Mars Cleaning Rover to explore aerospace engineering, STEM principles, and planetary protection	Automatic Water Dispenser Build an automatic water dispenser to explore infrared technology, motorised pumps, and sensor-controlled systems	
09:30 – 10:00	Washing Machine Model Assemble a washing machine with spin dryer to explore centrifugal force, inertia, and mechanical systems			Floating Ball Experiment Assemble a floating ball model to explore fluid speed, air pressure, and how faster airflow creates lower pressure	Cyclist Robot Construct a cycling robot to explore wheeled dynamics and bipedal balance mechanics	
10:00 – 10:30	AM Break					
10:30 – 11:30	Fibre Optic Lamp Assemble a fibre optic lamp to explore light transmission, optical illusions, and colourful light effects	Voice-Controlled Robot Dog Build a voice-controlled robot dog to explore biomechanics, artificial intelligence, and embedded systems	Ferris Wheel Engineering Build a Ferris wheel to explore gears, rotation, mechanics, and basic engineering concepts	Construct Skeleton Assemble a 3D skeleton with detachable organs to explore human anatomy and body structure	Magnetism and Levers Build a magnetic tree with rings to explore magnetism, levers, and invisible forces	
11:30 – 12:30	Maglev Train Build a magnetic levitation train to explore electromagnetism, magnetism, and levitation principles	Voice-Controlled Racing Car Build a voice-controlled electric racing car to explore human-machine interaction, acoustics, and wireless control systems	Satellite Build Build a satellite model to explore satellite orbits and space science concepts	Human Body Model Assemble a human body model with detachable organs to explore anatomy and the functions of major organs	Electric Fan Assemble a circuit to power a light bulb and fan while exploring electricity, circuits, and energy transfer	
12:30 – 13:00	Lunch					
13:00 – 13:30	Exploration Time					
13:30 – 14:15	Hand-Crank Generator Build a hand-crank generator to explore electromagnetic induction and how mechanical energy is converted into electricity	Acting Robots Build robots that ride and walk while exploring biomechanics, artificial intelligence, and dynamic control systems	Projectile Motion Build and launch a catapult to explore stored energy, projectile motion, and basic physics principles	Reflection of Light Explore light reflection through hands-on optical experiments and simple models	Electric Racing Car Build an electric racing car to explore motor control, torque, and vehicle dynamics	
14:15 – 14:45	Analyse and Explore Note Writing Reflect on learning by drawing circuit designs and explaining ideas through simple notes and sketches	Building Robots Build a small running robot to explore robotics, engineering, and mechanical movement	Magnetic Forces Car Magnet Build a magnetic monkey car to explore magnetic forces, repulsion, and motion	Analyse and Explore Note Writing Reflect on learning by drawing circuit designs and explaining ideas through simple notes and sketches	Exploration Enjoy hands-on learning through free exploration and discovery of the entire learning journey	
14:45 – 15:00	PM Break / Pack up / Home					

	English Lab (Age: 5-6) – 2 nd Week				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Warm-up Activities <i>Promoting physical readiness, increasing mental alertness, building rapport among participants</i>				
09:30 – 10:00	Language Arts Activities: <i>Enhanced vocabulary building through focused learning</i> <i>Phonics; Learn the relationships between sounds and letters to enhance reading and spelling skills</i>				
10:00 – 10:30	AM Break				
10:30 – 11:00	Speaking & Listening Practice <i>Improving speaking and listening skills through focused practice and active participation in various communicative activities</i>				
11:00 – 12:00	Writing Practice <i>Master essential writing rules, such as grammar, spelling, and capitalization, to enhance clarity and effectiveness in written communication</i>				
12:00 – 12:30	Reading Practice <i>Improve reading fluency and speed through guided reading practice</i> <i>Develop comprehension skills</i>				
12:30 – 13:00	Lunch				
13:00 – 13:30	Oral Language Practice <i>Fostering improved pronunciation, vocabulary, fluency, and communication strategies</i>				
13:30 – 14:45	Creative Minds Activity <i>Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination</i>	Creative Minds Activity <i>Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way</i>	Creative Minds Activity <i>Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design</i>	Creative Minds Activity <i>Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way</i>	Creative Minds Activity <i>Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA English Lab (Age: 7-8) – 2nd Week						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 09:30	Warm-up Activities Promoting physical readiness, increasing mental alertness, building rapport among participants					
09:30 – 10:00	Language Arts Activities: Enhanced vocabulary building through focused learning Phonics; Learn the relationships between sounds and letters to enhance reading and spelling skills					
10:00 – 10:30	AM Break					
10:30 – 11:00	Speaking & Listening Practice Improving speaking and listening skills through focused practice and active participation in various communicative activities					
11:00 – 12:00	Writing Practice Master essential writing rules, such as grammar, spelling, and capitalization, to enhance clarity and effectiveness in written communication					
12:00 – 12:30	Reading Practice Improve reading fluency and speed through guided reading practice Develop comprehension skills					
12:30 – 13:00	Lunch					
13:00 – 13:30	Oral Language Practice Fostering improved pronunciation, vocabulary, fluency, and communication strategies					
13:30 – 14:45	Creative Minds Activity Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination	Creative Minds Activity Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way	Creative Minds Activity Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design	Creative Minds Activity Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way	Creative Minds Activity Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA English Lab (Age: 9-12) – 2nd Week					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Warm-up Activities Promoting physical readiness, increasing mental alertness, building rapport among participants				
09:30 – 10:00	Language Arts Activities (Vocabulary Building & Literacy) Improved word recognition and comprehension skills by practicing word analysis techniques, such as understanding prefixes, suffixes, roots, and word families				
10:00 – 10:30	AM Break				
10:30 – 11:00	Reading Practice Enhance critical thinking beyond the text by engaging in activities that require analysis, synthesis, and evaluation of information connecting it to real-world situations and personal experiences				
11:00 – 12:00	Speaking & Listening Practice Improving speaking and listening skills through focused practice and active participation in various communicative activities				
12:00 – 12:30	Writing Practice Foster an appreciation for the writing process and the importance of revision, editing, and proofreading in producing high-quality written work				
12:30 – 13:00	Lunch				
13:00 – 13:30	Oral Language Practice Fostering improved pronunciation, vocabulary, fluency, and communication strategies				
13:30 – 14:45	Creative Minds Activity Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination	Creative Minds Activity Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way	Creative Minds Activity Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design	Creative Minds Activity Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way	Creative Minds Activity Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy
14:45 – 15:00	PM Break / Pack up / Home				



CAMP CA ASIA Math Mania (Age: 6-8)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Icebreakers Build group dynamics and utilize cooperative number games to warm up cognitive skills	Roleplay Change Calculations Develop roleplaying and basic financial transaction skills by calculating simple change totals	Division & Counter Sharing Develop division and equal sharing concepts by distributing multi-colored counters among different groups	Tally Chart Champions Learn data organization skills by constructing frequency tables and recording tally marks	Keyword Operation Analysis Analyze mathematical keywords to choose between addition and subtraction operations	
10:00 – 10:30	AM Break					
10:30 – 11:00	Cube Tower Sequencing Build visual-spatial patterns and sequencing skills using colored link cubes	Block Tower Place Value Build multi-digit number visualization skills using physical place value base-ten blocks	Partner Card Matches Enhance memory retention and pattern recognition through a partner card-matching game	Bar Graph Builders Build data visualization skills by drafting basic category charts	Action Math Strategies Apply structured, step-by-step strategies to solve arithmetic problems	
11:00 – 11:30	Missing Shape Missions Develop logical problem-solving skills by discovering missing items in linear shape arrangements	Grid Masters Place Value Develop number formatting skills by writing multi-digit figures on a place value tracking grid	Speedy Team Sequences Improve cognitive processing speed through a fast-paced team sequence game using shape and color rules	Pictograph Decoding Fun Build decoding skills to interpret symbolic graph keys and multi-unit values	Mystery Story Math Extract key data from short mystery stories to solve math problems	
11:30 – 12:00	Rainbow Pattern Tracks Enhance predictive logic skills by extending complex sequences featuring varied shapes and colors	Story Problem Decoding! Develop word analysis and mathematical translation skills by decoding short math stories	Flat Shape Creators Develop geometric identification skills by drawing flat shapes and counting vertices	Compare the Charts Develop independent analysis skills by resolving comparative graphing queries	Double-Step Equations Solve intermediate problems using sequential addition and subtraction equations	
12:00 – 12:30	Lunch					
12:30 – 13:00	Coin Sorting Quest Learn financial sorting skills by matching real coin values to their corresponding images	Collaborative Math Mysteries Refine deductive reasoning and evidence-gathering skills during a collaborative classroom math mystery	Grid Number Puzzles Refine spatial reasoning and problem-solving by solving logical sequence puzzles to find missing numbers	Master Data Check-In Reinforce comprehensive data skills across tallies, bar graphs, and pictographs	Model Drawing Magic Apply model drawing methods to solve complex word problems independently	
13:30 – 14:00	Greater Than, Less Than Refine comparative logic by using inequality symbols to evaluate different currency totals	Giant Floor Board Game Develop physical coordination and number comparison logic during a giant floor game	Paper Animal Mosaics Develop artistic design and geometric awareness by building creative animal art collages from colored paper shapes	Shape Attribute Sorting Develop geometric identification skills by classifying shapes by attributes	Independent Workbook Lab Consolidate overall mathematical concepts through independent progress tracking workbook exercises	
14:00 – 14:45	Pretend Pop-Up Shop Apply practical consumer math skills by calculating prices in a pretend store scenario	Original Story Drafting Enhance creative composition and mathematical phrasing by drafting original short stories for peers to solve	Structural Magnifier Hunts Scan the structural layout of the classroom environment to classify distinct angles on everyday objects	Cardboard Geometry Builds Construct and design complex architectural forms out of heavy-duty cardboard elements to study stability	Grand Finale Boardgames Reinforce comprehensive problem-solving skills through a collaborative math board game	
14:45 – 15:00	PM Break / Pack up / Home					

SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Icebreakers <i>Build group dynamics and utilize cooperative number games to warm up cognitive skills</i>	Roleplay Change Calculations <i>Develop roleplaying and basic financial transaction skills by calculating simple change totals</i>	Division & Counter Sharing <i>Develop division and equal sharing concepts by distributing multi-colored counters among different groups</i>	Tally Chart Champions <i>Learn data organization skills by constructing frequency tables and recording tally marks</i>	Keyword Operation Analysis <i>Analyze mathematical keywords to choose between addition and subtraction operations</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Cube Tower Sequencing <i>Build visual-spatial patterns and sequencing skills using colored link cubes</i>	Block Tower Place Value <i>Build multi-digit number visualization skills using physical place value base-ten blocks</i>	Partner Card Matches <i>Enhance memory retention and pattern recognition through a partner card-matching game</i>	Bar Graph Builders <i>Build data visualization skills by drafting basic category charts</i>	Action Math Strategies <i>Apply structured, step-by-step strategies to solve arithmetic problems</i>
11:00 – 11:30	Missing Shape Missions <i>Develop logical problem-solving skills by discovering missing items in linear shape arrangements</i>	Grid Masters Place Value <i>Develop number formatting skills by writing multi-digit figures on a place value tracking grid</i>	Speedy Team Sequences <i>Improve cognitive processing speed through a fast-paced team sequence game using shape and color rules</i>	Pictograph Decoding Fun <i>Build decoding skills to interpret symbolic graph keys and multi-unit values</i>	Mystery Story Math <i>Extract key data from short mystery stories to solve math problems</i>
11:30 – 12:00	Rainbow Pattern Tracks <i>Enhance predictive logic skills by extending complex sequences featuring varied shapes and colors</i>	Story Problem Decoding! <i>Develop word analysis and mathematical translation skills by decoding short math stories</i>	Flat Shape Creators <i>Develop geometric identification skills by drawing flat shapes and counting vertices</i>	Compare the Charts <i>Develop independent analysis skills by resolving comparative graphing queries</i>	Double-Step Equations <i>Solve intermediate problems using sequential addition and subtraction equations</i>
12:00 – 12:30	Lunch				
12:30 – 13:00	Coin Sorting Quest <i>Learn financial sorting skills by matching real coin values to their corresponding images</i>	Collaborative Math Mysteries <i>Refine deductive reasoning and evidence-gathering skills during a collaborative classroom math mystery</i>	Grid Number Puzzles <i>Refine spatial reasoning and problem-solving by solving logical sequence puzzles to find missing numbers</i>	Master Data Check-In <i>Reinforce comprehensive data skills across tallies, bar graphs, and pictographs</i>	Model Drawing Magic <i>Apply model drawing methods to solve complex word problems independently</i>
13:30 – 14:00	Greater Than, Less Than <i>Refine comparative logic by using inequality symbols to evaluate different currency totals</i>	Giant Floor Board Game <i>Develop physical coordination and number comparison logic during a giant floor game</i>	Paper Animal Mosaics <i>Develop artistic design and geometric awareness by building creative animal art collages from colored paper shapes</i>	Shape Attribute Sorting <i>Develop geometric identification skills by classifying shapes by attributes</i>	Independent Workbook Lab <i>Consolidate overall mathematical concepts through independent progress tracking workbook exercises</i>
14:00 – 14:45	Pretend Pop-Up Shop <i>Apply practical consumer math skills by calculating prices in a pretend store scenario</i>	Original Story Drafting <i>Enhance creative composition and mathematical phrasing by drafting original short stories for peers to solve</i>	Structural Magnifier Hunts <i>Scan the structural layout of the classroom environment to classify distinct angles on everyday objects</i>	Cardboard Geometry Builds <i>Construct and design complex architectural forms out of heavy-duty cardboard elements to study stability</i>	Grand Finale Boardgames <i>Reinforce comprehensive problem-solving skills through a collaborative math board game</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Multi-Activity Grp 1 (Age: 3-4) - Creative Carnival					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Icebreakers Play a variety of ice breaker games to get to know classmates and teachers	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing
10:00 – 10:30	AM Break				
10:30 – 11:00	Story Telling Welcome to Circus McGurkus! Step right into a whimsical world filled with juggling acts, roller-skating birds, and imaginative circus fun	Story Telling The Forest Carnival Follow a playful forest adventure where animals prepare creative carnival costumes and characters	Splash and Play Gather at the child-friendly pool to swim, splash and play!	Story Telling The Girl Who Never Make Mistakes! Dive into a story about a girl who never makes mistake and learn how she manages to do it	Story Telling Carnival for Kids Explore exciting carnival traditions and celebrations from different parts of the world
11:00 – 12:00	Rocking Horse Carousel Create a colourful carousel-inspired rocking horse inspired by the timeless carnival ride	Candy Lollipops Roll and shape colourful crepe paper into playful candy-inspired lollipop creations		Colour Jester Hats Craft bright and cheerful jester hats to enhance the Carnival fun	Popping Popcorn Design an overflowing popcorn box using paint and paper for a fun carnival-themed artwork
12:00 – 12:30	Lunch				
12:30 – 13:45	Corn Tortilla Chips and Dip Prepare crunchy tortilla chips with flavourful dips in a fun carnival snack session	Banana Split Bites Dip bananas into chocolate and sprinkles before freezing them into bite-sized sweet treats	Clown Face Design playful clown characters using colourful decorations and imaginative expressions	Waffle Sprinkle Sticks Assemble waffle sticks coated with chocolate and colourful sprinkles for a carnival-style treat	Marshmallow Carnival Stick Build a festive marshmallow treat stick filled with colourful carnival-inspired decorations
13:45 – 14:45	Carnival Games for Kids Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition Fun Circles Workout Fun circles workout with Coach Carrot as he demonstrates how to jump through the hula hoop, walk on a tight rope, etc	Carnival Games for Kids Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition Quiz for Kids Learn about the festivals celebrated in different countries through this quiz game	Carnival Games for Kids Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition Story Telling Peppa Pig at the Carnival Join Peppa Pig on a cheerful carnival adventure filled with rides, games, and treats	Carnival Games for Kids Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition Cosmic Yoga – Pedro the Penguin goes to the Carnival Stretch and pose through a story-inspired yoga session following Pedro the Penguin at the carnival	Carnival Games for Kids Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition Carnival Exercise for Kids Spin the wheel Spin the wheel and complete surprise carnival-themed exercises and movement challenges
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Multi-Activity Grp 2 (Age: 3-4) - Creative Carnival						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Icebreakers <i>Play a variety of ice breaker games to get to know classmates and teachers</i>	Circle Time & Free Exploration <i>Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing</i>	Circle Time & Free Exploration <i>Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing</i>	Circle Time & Free Exploration <i>Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing</i>	Circle Time & Free Exploration <i>Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing</i>	
10:00 – 10:30	AM Break					
10:30 – 11:00	Story Telling Welcome to Circus McGurkus! <i>Step right into a whimsical world filled with juggling acts, roller-skating birds, and imaginative circus fun</i>	Story Telling The Forest Carnival <i>Follow a playful forest adventure where animals prepare creative carnival costumes and characters</i>	Story Telling The Girl Who Never Make Mistakes! <i>Dive into a story about a girl who never makes mistake and learn how she manages to do it</i>	Splash and Play <i>Gather at the child-friendly pool to swim, splash and play!</i>	Story Telling Carnival for Kids <i>Explore exciting carnival traditions and celebrations from different parts of the world</i>	
11:00 – 12:00	Rocking Horse Carousel <i>Create a colourful carousel-inspired rocking horse inspired by the timeless carnival ride</i>	Candy Lollipops <i>Roll and shape colourful crepe paper into playful candy-inspired lollipop creations</i>	Colour Jester Hats <i>Craft bright and cheerful jester hats to enhance the Carnival fun</i>		Popping Popcorn <i>Design an overflowing popcorn box using paint and paper for a fun carnival-themed artwork</i>	
12:00 – 12:30	Lunch					
12:30 – 13:45	Carnival Games for Kids <i>Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition</i>	Carnival Games for Kids <i>Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition</i>	Carnival Games for Kids <i>Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition</i>	Carnival Games for Kids <i>Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition</i>	Carnival Games for Kids <i>Enjoy different classic carnival-style games over the week, packed with excitement, teamwork, and friendly competition</i>	
13:45 – 14:45	Corn Tortilla Chips and Dip <i>Prepare crunchy tortilla chips with flavourful dips in a fun carnival snack session</i> Fun Circles Workout <i>Fun circles workout with Coach Carrot as he demonstrates how to jump through the hula hoop, walk on a tight rope, etc</i>	Banana Split Bites <i>Dip bananas into chocolate and sprinkles before freezing them into bite-sized sweet treats</i> <i>Story Telling</i> Peppa Pig at the Carnival <i>Join Peppa Pig on a cheerful carnival adventure filled with rides, games, and treats</i>	Clown Face <i>Design playful clown characters using colourful decorations and imaginative expressions</i> Yoga – Pedro the Penguin goes to the Carnival <i>Stretch and pose through a story-inspired yoga session following Pedro the Penguin at the carnival</i>	Waffle Sprinkle Sticks <i>Assemble waffle sticks coated with chocolate and colourful sprinkles for a carnival-style treat</i> <i>Carnival Exercise for Kids</i> Spin the wheel <i>Spin the wheel and complete surprise carnival-themed exercises and movement challenges</i>	Marshmallow Carnival Stick <i>Build a festive marshmallow treat stick filled with colourful carnival-inspired decorations</i> Quiz for Kids <i>Learn about the festivals celebrated in different countries through this quiz game</i>	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA						Multi-Activity Grp 5 and 6 (Age: 5-6) – Creative Carnival					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		Carnival Name Pass <i>Pass a ball while learning classmates' names and encouraging communication, confidence, and participation</i>	Garden Explorers Adventure at Gardens by the Bay <i>Transportation to Gardens by the Bay for the day's activities. Headcount and safety briefing will be conducted on site</i>		Animal Action Moves <i>Move like different animal through imaginative actions that develop coordination, balance, and active play skills</i>		Carnival Team Untangle <i>Work together to untangle a human knot, developing teamwork, communication, coordination, and problem-solving skills</i>		Build Your Own Guitar <i>Assemble a mini wooden guitar while developing creativity, focus, fine motor skills, and construction skills</i>		
09:30 – 10:00		Animal Shaped Sandwiches <i>Cut and create animal-shaped sandwiches, decorating them with simple ingredients, encouraging creativity, fine motor skills, and hands-on food preparation</i>			Vegetable Clown Faces <i>Design colourful clown faces using vegetables, developing creativity and food presentation skills</i>		Pop! Pop! Popcorn <i>Create personalised popcorn snacks while exploring flavours, sensory experiences, and decision-making</i>				
10:00 – 10:30		AM Break									
10:30 – 11:30		Carnival Rocket Launch <i>Launch bottled water rockets to explore air pressure and force, developing curiosity and hands-on STEM understanding</i>	Explorers at Gardens by the Bay <i>Journey through Gardens by the Bay to discover towering Supertrees, vibrant blooms, and fascinating plants from around the world, and learning how nature supports the planet</i>		Origami Friends <i>Create jumping frog origami and challenge jumping distance, learning simple origami techniques and developing patience, creativity, and fine motor skills</i>		Relay Race <i>Complete obstacle relay challenges using movement and developing coordination, focus, and teamwork</i>		Guitar Jam Creations <i>Decorate mini guitars and take part in a music jam session, encouraging self-expression, creativity, and confidence</i>		
11:30 – 12:30		Carnival Ring Toss <i>Play varieties and variations of ring toss challenges that develop aim, concentration, hand-eye coordination</i>	PropNex Adventure <i>Explore interactive play spaces and sensory activities that encourage creativity, confidence, and social interaction, at the PropNex Family Zone</i>		Slip n Slide <i>Slip, slide, splash through a super slippery water lane! It's fast, silly, and full of giggles! Perfect for warm weather while improving coordination, balance, and encouraging active play</i>		Bubble Science Magic <i>Create bubble solution through hands-on experiments and test it by making bubbles of various size and shapes, developing curiosity, and basic science understanding</i>		Tug-of-War Challenge <i>Tug-of-war with a twist, answering simple questions before each round encouraging teamwork, communication, problem-solving, and friendly competition</i>		
12:30 – 13:00		Lunch									
13:00 – 14:00		Animal Puppet Pals <i>Create animal puppets and use them in storytelling activities, developing creativity, fine motor skills, and imaginative play</i>	Lily Pond <i>Observe aquatic plants and wildlife while developing curiosity, observation skills, and appreciation for nature</i>		Scratch & Reveal Science Art <i>Create space and science themed artwork using scratch paper techniques, encouraging imagination and creative exploration</i>		Whirlwind Science <i>Observe a vortex cannon launching mist rings to explore air movement, and building a miniature one to do the same, developing curiosity and hands-on science exploration through experimentation</i>		Bubble Science Magic <i>Create bubble solution through hands-on experiments and test it by making bubbles of various size and shapes, developing curiosity, and basic science understanding</i>		
14:00 – 14:45		Colour Hunt Challenge <i>Search and touch colours that are called out through a fast-paced game that develops listening skills, colour recognition, and quick thinking</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>		Action Memory Chain <i>Build a progressive and growing sequence of actions to be mimicked, building good memory, focus, and teamwork</i>		Musical Hot Potato <i>Play a passing game on musical cues with movement challenges, developing listening skills, turn-taking, and group participation</i>		Spotlight Moves <i>Follow instructions and move only through the leader's cue. A fun movement game that develops listening skills, coordination, and self-control</i>		
14:45– 15:00		PM Break / Pack up / Home									



Multi-Activity Grp 9 (Age: 7-8) – Creative Carnival

SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 9:30	Introduction <i>A quick introduction of the instructors, program, and camp rules</i>	Cup Stacking Challenge <i>Speed cubing and sport stacking to test reflexes, focus, and hand-eye coordination, building bilateral coordination, agility, and determination through friendly competition</i>	Tug - Of War Challenge <i>Bring out the competitiveness and inculcating values like teamwork and sportsmanship, through play</i>	Act it Out <i>Builds confidence, public speaking skills, and emotional intelligence, while learning to express stories using only bodies, voices, and expressions</i>	Dodgeball <i>Compete against each other in teams. Dodge, duck, and throw, all while learning cooperation, focus, and sportsmanship</i>
09:30 – 10:00	Ice Breaker Activity <i>Fun ice-breaker games to get to know each other and creating initial bond, to aid forming groups for activities</i>				
10:00 – 10:30	AM Break				
10:30 – 11:30	Parachute (Variations) <i>Bounce, lift, and wiggle! A lively game full of laughter and movement, promoting teamwork, timing, and social skills while having fun with all the different game variations</i>	Spinning Wheel <i>Build and customize a prize wheel using simple crafting materials, blending mechanical engineering with probability, calculating slice sizes and test how friction affects spin</i>	Comedy & Skits <i>Step into the shoes of clowns and comedic actors, exploring the secrets of timing, physical humor, and joke setup in groups. Brainstorm silly scenarios and write short funny sketches, boosting confidence teamwork, public speaking, and creative writing</i>	Archery <i>Take aim, pull back, and let your arrow fly! This activity challenges focus, build precision, and master hand-eye coordination</i>	Magnetic Fishing Game <i>Build fishing rods from scratch, while critically thinking to select, test, and assemble the most structural tool. This challenges and sharpens spatial logic and resilience</i>
11:30 – 12:30					
12:30 – 13:00	Lunch				
13:00 – 13:30	Carnival Masks <i>Craft wearable masterpieces using vibrant colors, shimmering feathers, and sequins, the perfect blend of sculpture and performance art, bringing characters to life</i>	Get Ready! <i>Quick rest after lunch while they being briefed on the safety rules of the upcoming activity, and changing into their water play outfits</i>	Clown Paper Craft <i>Dive into character design and sculpt a three-dimensional, funny-faced clown puppet using vibrant materials, challenging paper-engineering skills, spatial logic, self expression, and imagination</i>	Funny Face Sandwich <i>Use healthy ingredients to design edible clown faces, silly carnival barkers, and wild circus animals on a slice of bread, developing culinary creativity, nutrition, and circus fun</i>	Apple Donuts <i>Transform crisp apple slices into beautiful, frosted rings. A kid-safe, fireless session that blends artistic plating, knife safety, and nutrition</i>
13:30 – 14:00		Slip ‘N’ Slide <i>Slip, slide, splash through a super slippery water lane! It’s fast, silly, and full of giggles! Perfect for warm weather while improving coordination, balance, and encouraging active play</i>			
14:00 – 14:30					
14:30 – 14:45	Movement Game <i>Follow active prompts, listen for cues, and navigate fun challenges that test their reflexes</i>	Yoga <i>Learn simple poses, practice deep breathing, and use their imagination</i>	Groovy Moves <i>Experiment with rhythm, follow fun beat patterns, and try out silly dance prompts</i>	Dance Party! <i>Move freely to different tempos, learn basic steps, and celebrate self-expression</i>	Exercise <i>Take part in challenges through jumping, balancing, and stretching, to get stronger and faster</i>
14:45 – 15:00	PM Break / Pack up / Home				

 Young Adventurer (Age: 9-11)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Introduction & Ice Breaker <i>Take part in team challenges and interactive games that build friendships, confidence, and teamwork</i>	Travel <i>Transportation to Hillview for the day's activities. Headcount and safety briefing will be conducted on site</i>	Rapid River Crossing <i>Work together to build a mobile bridge and transport the team across a simulated river challenge</i>	Travel <i>Transportation to Chinese Garden for day's activities. Headcount and safety briefing will be conducted on site</i>	Survival Bracelet <i>Create a custom survival bracelet and learn how simple tools can support outdoor adventures</i>
10:00 – 10:30	AM Break				
10:30 – 11:15	Knot-tying <i>Learn essential knots and hitches used for outdoor activities and adventure tasks, contributing to the strength and security needed for complex adventure builds</i>	Basic First Aid <i>Learn basic first aid skills and emergency response techniques to help keep the team safe</i>	Water-Run Extraction <i>Transport water supplies through an obstacle course using teamwork and coordination</i>	Map Reading <i>Learn to use maps and compasses to navigate routes and explore with confidence</i>	Outdoor Cooking <i>Learn fire-starting techniques and cook a meal together using outdoor cooking methods</i>
11:15 – 12:00	Shelter Building 101 <i>Work together to pitch and secure a sturdy tent using teamwork, coordination, and problem-solving skills while learning the basics of campsite setup</i>	Nature Frame Hunt <i>Collect natural materials during the hike and create a framed nature collage to take home</i>	Catapult Water Bomb Launch <i>Work together to launch water balloons at targets, adjusting aim and distance for maximum impact, whereby success depends on group coordination and shared focus</i>	Map Making <i>Create your own maps with secret trails and plot routes using compass and navigation skills</i>	Amber Stove Marshmallow <i>Roast marshmallows over glowing embers while learning simple campfire cooking techniques</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	DIY Water Filtration <i>Build a survival water filter using sand, charcoal, gravel, and stones to explore how water can be cleaned in this hands-on STEM activity, encouraging teamwork, observation, and outdoor survival learning</i>	Hiking <i>Explore the Wallace Trail while discovering nature and building endurance as a team, discovering hidden wonders that only those who brave the trail can see</i>	Water Balloon Battle <i>Work together in a fast-paced water battle that relies on teamwork and communication to better the opposing team</i>	Wayfinding Treasure Hunt <i>Use map-reading skills to locate hidden checkpoints and complete the hunt as a team to find the ultimate prize</i>	Nerf Battle <i>Take part in tactical team battles that rely on teamwork, strategy, and coordination</i>
14:00 – 14:45	The Kinetic Crane Challenge <i>Coordinate as a team to complete a balance-based challenge that requires trust and teamwork</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>	Project: Zero Trace <i>Infiltrate the 'Impact Zone' to recover micro-contaminants before they breach the local ecosystem</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>	The Expedition Debrief & Honor Circle <i>Complete your final field mission: restore the camp, secure your equipment, and step into the Honor Circle to receive your official Young Adventurer status</i>
14:45– 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Passion for Art (Age: 6-8) – En Plain Air					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Introduction <i>Learn about the camp, materials and classroom agreements</i>	Introduction to the day <i>Learn about the medium of INK PAINTING</i>	Introduction <i>Outdoor Excursion Preparation</i>	Introduction <i>Learn about the medium of ACRYLIC PAINT</i>	Introduction <i>Learn about the medium of PRINTMAKING</i>
09:30 – 10:00	Icebreaker <i>Learn about each other and groups</i>	Introduction <i>Learn about the genre of NATURE and the medium of INK</i>	Travel Time <i>Safely Walk to Bidadari Park and learn about en plein air painting</i>	Painting Techniques <i>Learn about the Colour Wheel</i>	En Plein Air <i>Walk to the outdoor tree area and practice outdoor printmaking</i>
10:00 – 10:30	AM Break				
10:30 – 11:45	Oil Pastel Techniques <i>Create a mini-artwork using the techniques learnt</i>	Ink Techniques <i>Learn some tonal techniques for ink paintings</i>	En Plein Air Painting (1hr) <i>Campers learn about nature around them as they paint with watercolour</i>	Painting Techniques <i>Learn about some basic painting techniques</i>	Open Studio <i>Brief Description</i>
11:45 – 12:00	Oil Pastel Techniques <i>Learn some blending techniques to using oil pastels</i>	Ink Techniques <i>Create a mini-artwork based on all the techniques learnt</i>	Travel Time (@11:30am) <i>Safely Walk to back to SAIS</i>	Painting Techniques <i>Create a mini-artwork based on all the techniques learnt</i>	Open Studio <i>Develop the week into an art piece!</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	En Plein Air - Climbing Gym Space <i>Walk to the outdoor space and translate what you see into a drawing</i>	En Plein Air - Washington Plaza (Trees) <i>Walk to the outdoor space and translate what you see into an ink painting</i>	Open Studio <i>Post-trip planning time</i>	En Plein Air - School Field <i>Walk to the outdoor space and make a quick outdoor study</i>	Curator for the Day <i>Plan and hold an in-class Exhibition of all the artworks made over the week</i>
13:30 – 14:30	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Celebration <i>Hold an in-class Exhibition of all the artworks made over the week</i>
14:30 – 14:45	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Passion for Art (Age: 9-11) – Sculpture					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Introduction Learn about the camp, materials and classroom agreements	Create Your Own 3D Sculpture Prime the 3D mini-assemblage and leave to dry	Sculpture Armatures Plan and construct the frame for the animal facial parts for the mask. Stick the animal parts onto the mask	Drawing Observe and draw the texture of the animal	Painting Learn about the Colour Wheel
09:30 – 10:00	Icebreaker Learn about each other and groups	Understanding Hollow Forms Playing with toilet rolls to create simple hollow sculptures			Painting Prime the Papier Mache sculpture
10:00 – 10:30	AM Break				
10:30 – 11:45	Understanding Shape Learn about how 2D shapes form the basics of what we see and touch	Understanding Hollow Forms Learn about the method of Papier Mache	Sculpture Armatures Plan and construct the frame for the animal facial parts for the mask. Stick the animal parts onto the mask	Papier Mache Plan on how to create texture on the animal mask using papier mache	Painting Techniques Learn about some basic painting techniques
11:45 – 12:00	Understanding Form Learn to build 3D forms out of 2D shapes	Sculpture Armatures Construct a round frame for a 3D object			Painting Techniques Create a mini-artwork based on all the techniques learnt
12:00 – 12:30	Lunch				
12:30 – 13:30	Introduction to 3D Art Learn about how to create solid 3D Forms	Papier Mache Construct the body of the sculpture using papier mache (leave in studio to dry overnight)	Papier Mache Learn to create different textures using papier mache	Papier Mache Create texture on the animal mask using papier mache (leave in studio to dry overnight)	Painting Decide on colours and implied textures for the sculpture
13:30 – 14:30	3D Art Techniques Learn about how to create solid 3D Forms				Curator for the Day Plan and hold an in-class Exhibition of all the artworks made over the week
14:30 – 14:45	Create Your Own 3D Sculpture Create small assemblages out of recycled materials				Final Studio Cleanup Good studio habits means we take care of our workspace
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA						Super Chef (Age: 6-16) – Sweet & Doughlicious					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		Welcome Greeting & Kitchen Safety Briefing <i>Meet the team and engage in ice breaking activities, and learn the basics of kitchen safety</i>		Morning Greeting & Briefing on Farm Visit <i>Understand safety guidelines, expectations, and important rules for a safe, fun, and enjoyable experience</i>		Super Purple Coleslaw <i>Shred purple cabbage, carrots, and other vegetables, then mix with a tasty dressing, learning basic shredding techniques, dressing preparation, and flavour balancing</i>		Roti Prata Dough <i>Mix flour water and oil to create a smooth elastic dough, learning kneading techniques dough consistency and the importance of resting dough</i>		Kitchen Briefing & Team Huddle <i>Overview of the day’s menu and preparation steps with guidance on mise en place and kitchen coordination, focusing on teamwork, timing, and confidence in execution</i>	
09:30 – 10:00		Cheesy Whip Potato <i>Boil and mash potatoes, then mix with butter, milk, and cheese to create a smooth, creamy dish, learning basic mashing and mixing techniques</i>		Journey to Farm <i>Travel to Straits Agriculture for a fun and informative learning journey, exploring sustainable farming and discovering how fresh produce is grown</i>		Homemade Burger Bun <i>Mix, knead, proof, shape, and bake dough until golden, learning fundamental bread making techniques and dough handling to create fresh burger buns from scratch</i>		Cheesy Bread Stick <i>Knead and roll soft dough, spread with melted cheese and herbs, then cut into strips and bake until golden and gooey, creating a cheesy snack for dipping and sharing</i>			
10:00 – 10:30		AM Break									
10:30 – 11:30		Sheperd’s Pie <i>Prepare seasoned meat with vegetables and top with mashed potatoes, learning browning, layering, and mashing techniques while developing skills in seasoning, timing, and presentation</i>		Farm Learning Journey – Straits Agriculture <i>Interactive farm visit exploring how fresh produce is grown through sustainable farming practices, including sensory experiences and hands-on harvesting. Learning focuses on food origins, food security, farm technology, environmental care, and responsibility</i>		Grilled Chicken with Spices <i>Explore spice blends like paprika, garlic powder, cumin, and herbs, learning seasoning and marinating techniques to balance flavours and enhance the grilled chicken</i>		Dal Curry <i>Learn lentil preparation, spice blending, and simmering techniques to create a nutritious and flavourful curry enjoyed with rice or bread</i>		Kitchen Preparation <i>Prepare and assemble dishes, create food tags, and set up food stations while applying creativity, organisation and cooking skills</i>	
11:30 – 12:00		Bunny Bun <i>Make bunny shaped buns with sweet red bean filling, learning dough preparation, shaping techniques, and filling methods while exploring basic pastry and presentation skills</i>				Assembling of Chicken Burger <i>Layering grilled chicken, fresh lettuce, and condiments, learning proper stacking, presentation, and flavour balancing techniques</i>		Cooking Roti Prata <i>Shape rested dough into flat discs, flip and cook on a hot skillet or griddle. Learn heat control and timing to achieve a crispy golden exterior and soft flaky interior</i>		Preparation Before Service <i>Final touches on dishes including garnishing and plating while ensuring presentation and flavour are well prepared</i>	
12:00 – 12:30				Back to School <i>Travel back to school while reflecting and sharing on the farm adventure</i>							
12:30 – 13:00		Lunch									
13:00 – 14:00		Chocolate Chips Cookies <i>Measure various ingredients, mix, shape, and bake cookie dough, learning basic mixing and baking techniques to create a simple treat</i>		Hotteok <i>Make Korean sweet pancakes by preparing dough and filling, learning wrapping and frying techniques while exploring Korean cuisine and basic dough handling skills</i>		Daifuku Mochi Balls <i>Make soft chewy Japanese rice cakes filled with bean paste or fruits, developing handling skills and traditional Japanese confectionery techniques</i>		Coconut Pandan Muffin <i>Learn to mix, bake, and create simple sweet treats from making this dish</i>		Restaurant Lunch Service <i>Welcome and serve guests the prepared menu. Present dishes with care, applying hospitality, plating, and service to complete the culinary experience</i>	
14:00 – 14:45						Sunshine Sundae Surprise – Swensen’s Sweet Treat <i>Make a creative ice cream sundae using scoops of ice cream, sprinkles, fruits, cookies and sauces, exploring flavour combinations, textures and presentation skills</i>					
14:45 – 15:00		PM Break / Pack up / Home									

CAMP CA ASIA							Music Explorers (Age: 6-8)						
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday			
08:30 – 09:00		Arrival											
09:00 – 10:00		Welcome Jam & Ice Breakers <i>Rhythm & movement activities, name games</i>		Ice Breakers & Pass The Beat <i>Musical activities + Rhythm activities to help warm up musical instincts</i>		Rhythm Challenges & Exploration <i>Rhythm challenges and more hands-on time for instrument exploration</i>		Rhythm Challenges & Parachute <i>Rhythm challenges and responding to musical elements like dynamics and tempo</i>		Band Rehearsal <i>Rehearsing in bands for the showcase</i>			
10:00 – 10:30		AM Break											
10:30 – 11:00		Ukulele Design Lab <i>Design the ukulele with paint and markers</i>		Keyboard Tutor <i>Basics of keyboard chord playing and bass notes</i>		Drums Tutor <i>Learn the basic parts of the drums and coordinating a 4-beat pattern</i>		Team Build: Techniques <i>Exploring band techniques like teamwork, eye contact and listening skills</i>		Dress Rehearsal <i>All bands will perform for peers and gather feedback</i>			
11:00 – 11:30				Keyboard Jam <i>Hands-on keyboard experience to play a 3-chord song</i>		Drums Jam <i>Playing and practicing a 4-beat pattern on drums and drum pads</i>		Band Jam <i>Working in bands and putting the song together</i>					
11:30 – 12:00										Battling Nerves <i>Exploring techniques to cope with nerves, and strategies to keep the performance going</i>			
12:00 – 12:30		Lunch											
12:30 – 13:00		Ukulele Care <i>Tuning and care instructions</i>		Bucket Drums <i>Rhythm exploration, learning a basic beat to go along with a popular hit</i>		Band Line-Up <i>Placement into bands and selection of songs</i>		Team Build: Silent Band <i>Without any verbal communication, band members will create a groove</i>		Team Build: Guess the Leader <i>Every band will select a leader that controls the tempo/dynamics, and the audience member must guess who the leader is</i>			
13:00 – 13:30		Ukulele Tutor <i>Basic 3 chords and strumming patterns on the uke</i>		Ukulele Jam <i>Tune up; Basic 3 chords and strumming patterns on the uke</i>				Band Jam <i>Working in bands and putting the song together</i>					
13:30 – 14:00		Bucket Drums <i>Rhythm exploration, learning a basic beat to go along with a popular hit</i>				Band Jam <i>Planning roles and start practicing the song</i>						Band Rehearsal <i>Final rehearsal before the showcase</i>	
14:00 – 14:45		Don't Forget The Lyrics! <i>Choosing the song item and singing together + Reflection on the day + Points</i>		Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>		Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>		Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>		Certificate Presentation & Parent Showcase <i>Presented a certificate upon completion of the whole program</i>			
14:45 – 15:00		PM Break / Pack up / Home											

CAMP CA ASIA Music Explorers (Age: 9-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Welcome Jam & Ice Breakers Rhythm & movement activities, name games	Ice Breakers & Pass The Beat Musical activities + Rhythm activities to help warm up musical instincts	Rhythm Challenges & Exploration Rhythm challenges and more hands-on time for instrument exploration	Rhythm Challenges & Exploration Rhythm challenges and more hands-on time for instrument exploration	Band Rehearsal Rehearsing in bands for their showcase
10:00 – 10:30	AM Break				
10:30 – 11:00	Ukulele Design Lab Design the ukulele with paint and markers	Drums Tutor Learn the basic parts of the drums and coordinating a 4-beat pattern	Keyboard Tutor Basics of keyboard chord playing and bass notes	Band Jam Working in bands and putting the song together	Dress Rehearsal All bands will perform for peers and gather feedback
11:00 – 11:30		Drums Jam Playing and practicing a 4-beat pattern on drums and drum pads	Keyboard Jam Hands-on keyboard experience to play a 4-chord song		Battling Nerves Exploring techniques to cope with nerves, and strategies to keep the performance going
11:30 – 12:00					
12:00 – 12:30	Lunch				
12:30 – 13:00	Ukulele Care Tuning and care instructions	Ukulele Jam Tune up; Basic 4 chords and strumming patterns on the uke	Band Line-Up Placement into bands and selection of songs	Team Build: Silent Band Without any verbal communication, band members will create a groove	Team Build: Guess the Leader Every band will select a leader that controls the tempo/dynamics, and the audience member must guess who the leader is
13:00 – 13:30	Ukulele Tutor Basic 4 chords and strumming patterns on the uke			Band Jam	
13:30 – 14:00	Bucket Drums Rhythm exploration, learning a basic beat to go along with a popular hit	Bucket Drums Rhythm exploration, learning a basic beat to go along with a popular hit	Team Build: Techniques Exploring band techniques like teamwork, eye contact and listening skills	Working in their Bands and putting their song together	Band Rehearsal Final rehearsal before the showcase
14:00 – 14:45	Don't Forget The Lyrics! Choosing the song item and singing together + Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Certificate Presentation & Parent Showcase Presented a certificate upon completion of the whole program
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Super Basketball (Age: 7-16)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Shoot Around <i>Assessment and grouping based on age / level, through ball-handling ice-breaker activities and assessment drills</i>	Shoot Around / Ball-Handling / Passing <i>Building the foundation to strong control of the basketball and learning, through games</i>	Shoot Around / Ladder Footwork / Ball-Handling <i>Introducing the ladder to enhance footwork and balance. Progressing the ball-handling drills with different techniques and games</i>	Ladder Footwork / Ball-Handling / Passing <i>Dynamic drills with more aggressive movements and advance actions, building more on the footwork and overall ball control skills</i>	Ball-Handling Games <i>Play all the different variations of games that were taught over the course of the week</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Layups <i>Setting the foundation to footwork and introducing weak hand finishing</i>	Off-Hand Layups <i>Finishing with mainly off-hand through various types of drills. Groups will be split depending on advancement</i>	Off-Hand Layups <i>Finishing using off-hand at different angles on the basket</i>	Chase Drills <i>Applying the layup skills to a more competitive environment and game-like structure</i>	Chase Drills <i>Applying the layup skills to a more competitive environment</i>
11:00 – 11:30	Jump-stop Finishing <i>Understand and develop shooting on balance and under control around the basket</i>	Dribble Finishes <i>Dynamic dribbling to finishing, using cones and different angles around the rim</i>	Pivot Attacks <i>Footwork pivots into counters and finishing</i>	Passing & Cutting <i>Developing offensive actions to score with teammates involved</i>	Competitive Games <i>Compete at a high level on finishing and playing games to increase competitive spirit</i>
11:30 – 12:00	Chase Drills <i>Applying the layup skills to a more competitive environment</i>	1 v 1 <i>Working on various finishing with defense - changing the style and footwork to finish</i>	Passing & Cutting <i>Developing offensive actions to score with teammates involved</i>	2 v 2 + Team Concepts <i>Working on passing and cutting with defenders in play</i>	Shooting Games <i>Play all the shooting games that were introduced over the week</i>
12:00 – 12:30	Shooting Form <i>Learning the fundamentals of shooting, with the correct mechanics</i>	Shooting <i>Improve the fundamentals of shooting, with more details</i>	Shooting <i>Introduction to various shooting drills and competitive games to increase the pressure and speed, with the addition of incremental pull-ups into the shooting drills</i>	Shooting <i>Introduction to more shooting drills and games based on group level</i>	Half Court Play <i>Playing in the half court and continuing to build understanding of motion offense and team defense</i>
12:30 – 13:00	Lunch				
13:00 – 13:30	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>
13:30 – 14:00	Offensive Actions <i>Learning the fundamentals to basketball motion along with passing and cutting</i>	Motion Concepts <i>Basic motion offense and playing off other players, emphasizing constant movement in correlation to the ball</i>	Scenario Scrimmage <i>Playing live matches and introducing defensive concepts in certain scenarios</i>	Shooting Drills <i>Working on shooting more, in a competitive situation to prepare for live games</i>	Live Games <i>Competitive game play</i>
14:00 – 14:45	Games <i>Introduction to various games based on level and ability, followed by team formation and understanding the dynamics between players and groups</i>	Games <i>Competitive elements subject to skill level and ability to compete</i>	Live Games <i>Encouraging full involvement into some degree of basketball competition</i>	Live Games <i>Playing full court or half court games, depending on the size of teams and abilities</i>	Parent’s Showcase <i>Mini Tournament / Games / Presentation Ceremony Awards</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Parkour (Age: 7-13)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Intro & Warm-ups Introduction to Parkour and the Team, expectations, and safety in movements	Vault Line Drills Stretching activities followed by Vault Drills, learning the various ways of vaulting over blocks		Vaults & Games Game based activities, and introduction towards Parkour games such as speed runs and chase tag	
10:00 – 10:30	AM Break				
10:30 – 11:30	Elements of Movement Learn basic to advanced parkour movement elements depending on skill levels on 4 different apparatus		All New Skills Challenge Attempt a list of skills to earn wristbands. Each level contains 44 skills of increasing difficulty which requires physical and mental control to accomplish White Elements: Awareness Of 44 Parkour Movement Patterns Black Elements: Control Of 44 P Movements Patterns Red Elements: Demonstrate Power In 44 More Patterns Advanced Students Aims To Check Off A More Physically Challenging Skills		
11:30 – 12:30			Games & Events Experience parkour competition from playing chase-tag, time trials, and style competitions	Performance Choreography/Rehearsal Choreograph and prepare for the 'Parents showcase' performance, choosing the best skills to showcase, promoting collaboration, timing, and the importance of celebration	
12:30 – 13:00	Lunch				
13:00 – 13:30	Video Reflection Relax and digest in the classroom while learning about professional practitioners, training mindsets, and the parkour culture. Exploring a different theme each day such as ‘be strong to be useful’, ‘Start together Finish Together’, as practiced by the founders of parkour. The aim during this segment is to install the values of Parkour, and the love for training			Final Performance Choreography/Rehearsal Get ready and make final preparations before the show	
13:30 – 14:00	Flips & Tricks Learn and experience acrobatic elements of parkour involving front and side flips				Parent’s Showcase Time to “show-off” the skills learnt and showcase the best skills chosen, promoting collaboration, timing, and the importance of celebration
14:00 – 14:15					
14:15 – 14:45	Conditioning, Cooldown Stretches & Group Reflection Finish different conditioning sets each day targeting the upper, mid, and lower body, ending with a stretch and a group reflection led by the head coach				
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Super Gymnastics (Age: 5-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Ice Breaker Warmups Intro to Gymnastics and the team, what to expect throughout camps, and safety in movements	Introduction, Floor Drills & Stretching Introducing one different training theme-of-the-day, every day. Learn how to stick landing, train safely, be resilient, work with partners, and perform. Start with pre-station warmup and conditioning with drills and floor movements, learning 1 new gymnastics challenge per day			
10:00 – 10:30	AM Break				
10:30 – 11:30	Apparatus Rotations Learn basic to advanced gymnastics movement elements depending on skill levels on 4 different apparatus		All New Gymnastics Skills Challenge Attempt a list of skills from level 1-4 Australian Level Gymnastics, along with our special Camp Asia challenges, to earn award ribbons. Each level contains 30-44 skills of increasing difficulty which requires physical and mental control to accomplish		
11:30 – 12:00	Acrobatics Engage in partner and group teamwork, learning balance, cartwheeling over each other, and performing in synchronicity. Create a sequence to perform while developing physical abilities, build friendships, foster teamwork, and acrobatic skills				
12:00 – 12:30	Lunch				
12:30 – 12:45	Video Reflection/Classroom Time Relax and digest in the classroom while learning more about gymnastics, discussing new skills, and training mindsets for the day. Watch gymnastics clips and participate in arts and crafts activities, then briefing on afternoon sessions before heading back to the gym				
12:45 – 13:30	Trampolining & Tumbling Develop foundational trampoline skills according to their abilities, from simple 'star jump' to front flips. Explore both big and mini trampoline, along with basics floor tumbling skills, developing coordination, strength, and body awareness			Final Performance Choreography/Rehearsal Get ready and make final preparations before the show	
13:30 – 14:00	Games & Free Exploration Gymnastics based challenges, group games, and exploration of gymnastics apparatus under supervision, learning through play and exploration		Performance Choreography/Rehearsal Choreograph and prepare for the 'Parents showcase' performance, choosing the best skills to showcase, promoting collaboration, timing, and the importance of celebration		Parent's Showcase Time to "show-off" the skills learnt and showcase the best skills chosen, promoting collaboration, timing, and the importance of celebration
14:00 – 14:15					
14:15 – 14:45	Conditioning, Cooldown Stretches & Group Reflection Finish different conditioning sets each day targeting the upper, mid, and lower body, ending with a stretch and a group reflection led by the head coach				
14:45 – 15:00	PM Break / Pack up / Home				

	Super Soccer (Age: 5-6)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Defensive Basics <i>Practice defending stance through games</i>	Receiving & Support <i>Focus on passing through gates</i>	1v1 Attacking <i>Perform 1v1 fun moves</i>	Passing Accuracy <i>Practice push-pass technique</i>	Revision Stations <i>Practice in fun challenges</i>
10:00 – 10:30	AM Break				
10:30 – 12:30	Team Defending <i>Engage in 1v1 shadow defending</i>	Possession Play <i>Participate in simple possession games</i>	Combination Play <i>Play 2v1 or 3v1 games</i>	Cross & Finish <i>Focus on passing, shooting, and wide dribbling</i>	Game Scenarios <i>Compete in small-sided matches</i>
12:30 – 13:00	Lunch				
13:00 – 14:00	Defensive Games <i>Play "defend together" games (no tackling focus)</i>	Team Build-Up <i>Play "find a friend" games or other group activities</i>	Attacking Movements <i>Celebrate creativity during play</i>	Final Third Play <i>Practice passing and shooting</i>	Showcase Rehearsal and Parent’s Showcase (1:45PM) <i>Showcase the skills learned for the week, including displays of agility drills, technical drills, and matches</i>
14:00 – 14:45	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	
14:45 – 15:00	PM Break / Pack up / Home				

	Super Soccer (Age: 7-14)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Defensive Basics Matches <i>Focus on defensive stance, body shape, side-on defending, and delay vs. quick intervention</i>	Receiving & Support <i>Work on scanning, awareness, and first touch under pressure</i>	Attacking Techniques <i>Dribble to beat a defender; practice change of pace, direction, and 1v1 moves</i>	Passing Accuracy <i>Practice short vs. long passes, accuracy, and first-time passes</i>	Revision Stations <i>Rotate through defending, passing, and shooting stations</i>
10:00 – 10:30	AM Break				
10:30 – 12:30	Defending Drills <i>Practice 1v1 defending (pressure), 2v2 (cover & balance), and recovery runs</i>	Possession Play <i>Play Rondos (3v1 / 4v2) and practice playing through the midfield</i>	Attacking Combinations <i>Practice Give & Go, overlaps, and 2v1 or 3v2 attacking</i>	Shooting & Crossing <i>Focus on shooting technique, finishing inside the box, and attacking the cross</i>	Game Scenarios <i>Practice defending a lead, chasing a goal, and playing with an overload</i>
12:30 – 13:00	Lunch				
13:00 – 14:00	Team Defending <i>Focus on defending in numbers, compact shape, and when to press vs drop</i>	Team Play Concepts <i>Work on support angles, switching play, and playing forward vs safe passing</i>	Team Attacking <i>Create space, practice movement off the ball, and finish from open play</i>	Final Third Play <i>Practice cut-backs, shots after passes, and timing runs into the box</i>	Showcase Rehearsal and Parent's Showcase (1:45PM) <i>Showcase the skills learned for the week, including displays of agility drills, technical drills, and matches</i>
14:00 – 14:45	Matches Defensive Focus <i>Apply defensive focus with extra points for clean tackles and team shape</i>	Matches Midfield Rules <i>Follow midfield rules where goals count after 3 passes</i>	Matches Attacking Focus <i>Focus on attacking with bonus points for combination goals</i>	Matches Scoring Rules <i>Follow scoring rules with extra points for cross + finish</i>	
14:45 – 15:00	PM Break / Pack up / Home				

Super Swim (Age: 9-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Introduction <i>Get to know everyone and the rules and regulations</i> Dynamic Warmup Swim: Freestyle Efficiency <i>Refine Distance Per Stroke (DPS), catch mechanics, and body rotation to glide farther with smooth powerful strokes</i>	Light Stretch and Journaling <i>Unwind with gentle stretching and reflective journaling to relax the body and track progress</i>	Resistance Band Routine <i>Build strength and mobility with band exercises that target key swimming muscles</i> Swim: Backstroke <i>Enhance underwater dolphin kicks and improve backstroke technique, strong kicks, streamlined positioning, and powerful push offs</i>	Swim Circuits Warm-up <i>Rotate through lanes with varied drills to challenge technique, control, and endurance</i> Swim: Individual Medley (IM) <i>Link all strokes together while building smooth transitions, rhythm, and control across the medley</i>	Race Preparation Session: Starts & Breakouts <i>Focus on reaction time, dive mechanics, streamline position, underwater dolphin kicks, and breakout timing to maximise speed off the blocks and walls</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Dryland - Core Strength <i>Strengthen core stability to support streamline position, balance, and stroke control</i>	Classroom - Goal Mapping Race Planning <i>Set clear goals and build race strategies that align with personal strengths and performance targets</i>	Classroom - Video Analysis <i>Analyse swim footage to spot strengths, correct technique, and improve performance</i>	Dryland - Power Plyometrics <i>Develop explosive power and speed for stronger starts, turns, and fast movements</i>	Dryland - Athletic Movement Skills <i>Develop balance, coordination, agility, and body awareness to improve swimming performance, movement, and injury prevention</i>
11:00 – 11:30	Mini Set - Pull Focus <i>Improve swim techniques, enhance water feel and upper body strength through controlled pulling and sculling drills and paddle works</i>	Video Feedback - Peer Review <i>Review swim footage and exchange feedback to sharpen technique awareness and communication</i>	Skill - Kicking Progression <i>Build leg strength, kick endurance, and core stability through progressive vertical kicking drills</i>	Mini Set - IM Ladder <i>Progressively increase and decrease the distance of IM swim to build endurance, stroke transition skills, and mental focus under fatigue</i>	Swim Skills - Race Pace Challenge <i>Hold target race pace over short repeats while maintaining stroke technique and efficiency, building pacing skills for competition success</i>
11:30 – 12:00	Snorkel + Streamline <i>Removes breathing distractions to focus on posture, balance, relaxed movement, improving streamline, controlled breathing, and stroke efficiency</i>	Relay Changeovers <i>Practice fast and precise relay exchanges in a fun and competitive team setting</i>	Swim Quiz Challenge <i>Test knowledge of stroke rules and techniques through an interactive quiz challenge</i>	Fin Set - Resistance vs Sprint <i>Uses fins to alternate between resisted swimming and sprints bursts to boost leg power, speed, and anaerobic capacity</i>	Recovery Swim & Mobility <i>Easy swim with mobility exercises for shoulders, hips, and ankles to support recovery and flexibility</i>
12:00 – 12:30	Lunch				
12:30 – 13:00	Active Recovery Walk <i>Enjoy a light walk outdoors to promote recovery, reduce soreness, and reset after training</i>	Dryland Games - Partner Challenges <i>In pairs, complete challenges that builds coordination, core strength, and teamwork</i>	Classroom - Nutrition <i>Learn how to fuel, hydrate, and recover effectively for better performance and growth</i>	Yoga For Swimmers <i>Improve flexibility, breathing, and recovery while supporting mobility and injury prevention</i>	Active Recovery Walk <i>Light walk around campus to promote circulation and recovery after morning swim block</i>
13:00 – 13:30	Classroom - Race Strategy <i>Learn to build customised race plans and break down race phases to build personalised strategies for pacing, turns, and finishes</i>	Breathing Control - Hypoxic Sets <i>Train lung capacity, breath discipline, and mental toughness by reducing breathing frequency to improve swim efficiency</i>	Swim Drill - Breaststroke <i>Refine timing, kick technique, and streamline for a smooth, legal stroke with minimal resistance and maximum glide</i>	Team Challenge Planning <i>Work together to solve swimming challenges and relay tasks, building communication, leadership, and teamwork skills</i>	Reflections and Certification Awards <i>Celebrate progress, reflect on achievements, and recognise milestones</i>
13:30 – 14:00	Skill Lab - Flip Turns and Sprint Finisher <i>Refine freestyle and backstroke flip turns focused on turn timing, posture, breathing, and a tight and fast push off into streamline</i>	Stroke Review - Choice Fix <i>Select weakest or most strategic stroke for personalised correction and refinement</i>	Relay Planning <i>Work together to plan team order, strategies, and exchanges to develop leadership skills, strengthen teamwork and race execution</i>	Kick Power Circuit <i>Stations include vertical kicking, streamline kicking, fin kicking and kickboard sprints, designed to improve leg strength, endurance and propulsion across all strokes</i>	Free and Easy Showcase Preparation <i>Enjoy relaxed pool time with light practice, free play, and space to mentally prepare for the showcase</i>
14:00 – 14:45	Sprints <i>Push speed and endurance with repeated high intensity efforts under fatigue to develop anaerobic capacity, fast recovery, and mental grit</i>	Swim - Mini Time Trials <i>Simulate race conditions with short timed swims to test performance</i>	Swim - Underwater Mastery <i>Develop strong underwater control, powerful dolphin kicks, and efficient breakouts to maximise speed and distance of starts and turns</i>	Sculling Skills Lab <i>PA focused feel-for-water session using front, mid and finish sculling drills, developing stronger catch and better awareness of hand position throughout the stroke</i>	Showcase <i>50m race session of all 4 strokes and comparing to first time trial by applying skills learned, followed by a 100 IM with race pace to demonstrate skills and progress</i>
14:45 – 15:00	PM Break / Pack up / Home				