

CAMP CA ASIA Let's Dance (Age: 4-5)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Kick Off Dance Party Start with ice breaker games, establish rules, enjoy a dance tele match, and learn about dynamic and static warm-up in dance	Working Together Engage in team-building games such as survivor team challenge	Stretch & Grow Explore body stretching, then test speed, strength, agility in power fitness tele match, preparing to be great dancers	Sweat it Out! Sweat it out in a dance workout, improving their overall fitness and movement quality	Camp Revision Fun Brush up on activities, revise the awesome dance moves and refresh skills. Revisit favorite music beats and tracks	
10:00 – 10:30	AM Break					
10:30 – 11:00	Beats & Rhythms Explore counting music and listening to beats of different tempo	Storytelling through Dance Brainstorm different popular stories for a dance	I like to Move it Move it! Learn more dance steps and train memory, discovering the Memory Master, engaging in a fun challenge with jumbled moves	Rehearsal 2.0 Organize all the cool moves learned including their personal signature moves and unique formation changes. Following direction, unveil a dazzling dance routine, primed for the spotlight	Final Rehearsal Fine tune moves and excel in an intensive rehearsal session for a flawless grand finale performance, working together to set the stage	
11:00 – 12:00	Know your Body! Explore simple dance moves using their body parts	Let's Make a Dance! Start crafting performance routine for the showcase				
12:00 – 12:30	Lunch					
12:30 –13:30	Time to Dance Learn some basic street dance moves to start them off	It's a Dance Battle! Explore this exciting concept by first defining a group identity and crafting personal dance moves	Rehearsal 1.0 Decode the performance music track while piecing together the choreography, contribute dance moves and creating signature moves. Learn to focus and work together to craft out the performance	All Kinds of Dances Explore other forms of dance movements and try something new	Final Touch Up Preparation, donning vibrant outfits and accessories, and engage in a final rehearsal to ensure perfection	
13:30 – 14:45	Keep in Formation Explore dance formations and positions inspired by shapes, sizes, and everyday objects around them	Groove and Freestyle! Unleash freestyle moves and showcase creativity on the dance floor		Reflections What Did We Do? Reflect on the dance journey and celebrate their success together with a LET'S MOVE Dance Party!	The Grand Finale It's Showtime! Showcase talent to family and friends, capturing memories with performance videos and photos. Then, certificates, awards, and a thank you ceremony	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA Drama Academy (Age: 6-9) – Everybody Can Cook A Stone Soup						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Break The Ice! <i>Introduction to our Drama Camp Leaders and the young actors in the making, through sharing and ice breaker games</i>	Morning Mindfulness <i>An open sharing session discussing plans for the day, and concerns for the Friday showcase</i>	Rise And Shine <i>Morning stretches and warm-ups to energize and prepare for another exciting day</i>	The Sharing Circle <i>Sharing and addressing feelings and concerns about the upcoming showcase</i>	Vocalicious <i>Vocal warm-ups, breathing exercises, and silly tongue twisters to activate vocal cords</i>	
10:00 – 10:30	AM Break					
10:30 – 11:00	ABC's of Theatre <i>Learn the fundamentals of Stage Directions, and the Golden Rules of Theatre Etiquette</i>	Musical Statues <i>Warm-up, move, and pose as different characters in this timeless high-energy musical freeze game</i>	What's The Time Mr Wolf? <i>Don't get caught by the ravenous wolf as the clock counts down to lunchtime</i>	Crocodile! <i>Beware the snapping jaws of the cranky crocodile while trying to the other side</i>	Cat And Mouse <i>A themed game of tag incorporating acting and imagination</i>	
11:00 – 11:30	Camp Asia's Got Talent <i>Go through a fun audition process to have a sense of the performance, and for the roles of the showcase</i>	Stage Magic <i>Rehearse scenes and share ideas to create more actions for the roles in the story</i>	Let's Dance! <i>Learn catchy songs and upbeat dance moves to be performed as part of the final showcase</i>	Shining Stars <i>Full dress rehearsal of all the scenes with costumes and props</i>	Final Touches <i>Final rehearsal with song and dance before the showcase</i>	
11:30 – 12:00						
12:00 – 12:30	Lunch					
12:30 – 13:30	From Page To Stage <i>First rehearsal with script-reading for familiarizing the storyline, characterisation, followed by actions onstage</i>	Crafts Ahoy! <i>Enjoy hand-making different interesting props together to be used in the final showcase</i>	Practice Makes Perfect <i>Full run rehearsal of all scenes with music and sound cues</i>	Lights, Camera, Action! <i>Full run of the whole showcase with a video recording</i>	The Green Room <i>Prepare and standby backstage for their upcoming showcase</i>	
13:30 – 14:00					Show Time! <i>The final performance for parents and family members to watch Drama Academy shine onstage!</i>	
14:00 – 14:45	Cool Cucumbers <i>Cool-down and wrap-up for the day with a recap of skills learned and a sharing session</i>	Once Upon A Time <i>Engaging storytelling session, exploring age-appropriate books with educational and meaningful moral lessons</i>	Art Beat <i>Freely create beautiful works of art to depict their own characters in the show</i>	Rewind And Replay <i>Watch and review the recorded performance to find rooms for improvement</i>		
14:45 – 15:00	PM Break / Pack up / Home					

	STEM Explorers (Age: 9-12)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Welcome <i>Ice breakers and sharing of rules and essential agreements</i>	Fun with IoT <i>Building Blocks with the ESP32 electronic development board</i>	Computational LEGO <i>Coding patterns in LEGO</i>	Video Game Design <i>Introduction to GDevelop</i>	RPG <i>Creating maps</i>
10:00 – 10:30	AM Break				
10:30 – 12:00	2.5D Modeling <i>Vector Modeling & Laser Cutting</i>	Light Effects <i>Basic coding for different lighting effects using LED strips</i>	Sensible LEGO <i>Using LEGO Sensors to create interesting designs</i>	Basic Animation <i>Character movements and sprite animations in GDevelop</i>	NPCs & Enemy AI <i>Designing interesting characters and developing a unique story for games</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	Decorative Light Project <i>Work on a custom-made, laser-cut wooden decorative light model</i>	Final Touches <i>Assembling the final model from all the various pieces</i>	LEGOs in Action <i>Self-directed LEGO Robotics projects from SumoBots to Programmable Safes</i>	Dodge the Creep <i>Create a casual game from scratch in GDevelop</i>	PlayTesting <i>Finishing basic RPG game and challenge others to complete custom quests</i>
13:30 – 14:00		LEGOMotion <i>LEGO-Powered Machines</i>			<i>Continue to develop games at home</i>
14:00 – 14:45					Conclusions & Certificates <i>Final thought sharing session and certificate presentation for program completion</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA						Kindness Economy (Age: 6-8)					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		What Are Needs vs. Wants? <i>Discuss the difference and use examples relevant to everyday lives</i>		Kindness Relay Race <i>Discuss how sharing helps build relationships and saves resources</i>		What Does Saving Mean? <i>Discuss the importance of saving and what they might save for in their own lives</i>		What is Budgeting <i>Discuss how to prioritize spending when resources are limited</i>		Financial Review <i>Recap key concepts Through this journey – needs vs. wants, saving, spending, and teamwork</i>	
09:30 – 10:00		Freeze Dance <i>Dance to music, freeze when stopped, and quickly choose sides labeled "Need" or "Want" based on shouted items</i>		The Sharing Bear <i>Talk about what sharing means to through a fun interactive game</i>		Help Save Sam <i>Think creatively about how to save Sam the gummy worm - talk about the different meanings the word ‘saving’ has</i>		Desert Island Survival <i>Experience a survival simulation where careful consideration of wants and needs are tested</i>			
10:00 – 10:30		AM Break									
10:30 – 11:00		Lost Backpack Adventure <i>Race to match coins to items intended to buy, practicing money identification and counting.</i>		Shopping for Sharing Bracelets <i>Collaborate to make sharing bracelets</i>		Spending vs Saving <i>Search for items around the room with price tags, adding them to their “cart” while staying under budget</i>		Building a Playground <i>Work in groups to design a playground using a set budget</i>		Final Savings Goal Poster <i>Make any new additions to the savings poster based on what is learned during the week</i>	
11:00 – 11:30		Create a Currency <i>Design own currency</i>									
11:30 – 12:00		Cooperative Tower Build <i>Work together to build a tower using provided materials in a race to the sky</i>		Build a Roller Coaster <i>Share resources to build a ping pong ball roller coaster</i>		Build It or Save It? <i>Create a poster showing what money is spent on to design an art station</i>		Camp Task Trading Challenge! <i>Teams negotiate and trade items to acquire what is needed to complete a shared objective</i>		Kindness Tree Wrap-Up <i>Review the challenges completed and calculate the total leaves (stocks) earned</i>	
12:00 – 12:30		Lunch									
12:30 – 13:30		12 Ways to Show Kindness <i>Brainstorm different ways that to show kindness, both in camp and at home</i>		Kindness Tree Check-In <i>Reflect on yesterday’s acts of kindness and set a new kindness goal for today</i>		Kindness is Contagious <i>Create an art project to help promote kindness</i>		Kindness Tree Check-In <i>Update the Kindness Tree with new leaves and write a sentence about favorite acts of kindness</i>		Growth Storytime <i>Collaboratively create a fun story about the financial journey during camp</i>	
13:30 – 14:15		Kindness Tree Introduction <i>Introduce the Kindness Challenge Tree and explain how to earn leaves (stocks) (e.g., helping a friend, sharing supplies)</i>		Kindness Market Creation <i>Work in teams to design colorful “Kindness Market” stalls that offer imaginary products or services promoting empathy, sharing, and generosity</i>		Kindness Tree Check-In <i>Share one kind thing they did and cheer for teammates who earned new leaves</i>		Build-A-Business Challenge <i>Share business ideas and explain the product idea</i>		Kindness Tree Count <i>Count all the leaves earned and reflect</i>	
14:15 – 14:45		Storytime and Daily Reflection <i>End the day with a calming story and reflection time focused on kindness and gratitude</i>		Storytime and Daily Reflection <i>End the day with a calming story and reflection time focused on Integrity</i>		Storytime and Daily Reflection <i>Reflect on the day and relax with a read-along related to friendship</i>		Storytime and Daily Reflection <i>Reflect on the day and relax with a read-along related to friendship</i>		Showcase and Celebration <i>Display savings goal posters, tree trackers, and share learning experiences with parents</i>	
14:45 – 15:00		PM Break / Pack up / Home									

 Smart Saver (Age: 9-11)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Saving Basics <i>Interactive discussion on saving vs. spending. Create a digital mind map in Canva or on a poster showing reasons to save</i>	SMART Goals <i>Learn what SMART goals are and why they're useful for saving. Choose a personal goal and make it SMART</i>	Interest Basics <i>Learn about simple vs. compound interest using basic examples. Calculate compound interest over time</i>	Saving Strategies <i>Brainstorm ways to save money in everyday life. Write 3 saving habits to start</i>	Savings Jeopardy <i>Begin a fun quiz-style review game covering all concepts learned and allow time for discussion and laughs</i>	
10:00 – 10:30	AM Break					
10:30 – 11:00	Savings Shelter <i>Earn currency by completing class tasks. Use materials to build a creative ‘Savings Shelter’</i>	Saving Fred Challenge <i>Saving isn’t always about money</i>	Money Management Skittles Savings Activity <i>Making money-saving a real treat</i>	Creative Piggy Bank <i>Plan out piggy bank designs building it with recycled materials</i>	Investment Challenge Finale <i>Tally ending savings plus investments</i>	
11:00 – 11:30			Marshmallow Test <i>A test in delayed gratification</i>		Awards for top saver	
11:30 – 12:00		Me and My Money Flipbook <i>Produce different ways to save, earn, spend and donate</i>	The Great Marshmallow Challenge <i>Build a marshmallow tower</i>	Creative Piggy Bank Showcase <i>Present their piggy banks and explain the design</i>	Coupon Creation <i>Create a coupon book to take home</i>	
12:00 – 12:30	Lunch					
12:30 – 13:30	Savings Tracker Draft Savings Shelter Challenge <i>Choose a savings goal and draft their tracker layout</i>	Savings Tracker Creation <i>Begin designing a personal savings tracker in Canva or physical version</i>	Savings Tracker Upgrade <i>Update trackers to include projected interest growth</i>	Tracker Completion <i>Include savings habits and interest projections</i>	Savings Envelopes <i>Create individual money envelope savings trackers</i>	
13:30 – 14:15	Investment Challenge Kick-off <i>Receive Kidz Economy Cash and banks as they begin investing, spending or saving</i>	Investment Challenge Update <i>Decide whether to invest or save camp currency</i>	Investment Challenge Update <i>Introduce a savings accounts with interest</i>	Investment Challenge Update <i>Rebalance investments and savings</i>	Showcase Prep <i>Put the finishing touches on presentations and set up stations to show the work</i>	
14:15 – 14:45	Reflection and Saving Charades <i>Act out different savings goals or spending choices</i>	Reflection and Goal Bingo <i>Each square has a SMART goal example or savings scenario</i>	Compound Cup Tower Challenge <i>Teams build cup towers to represent compound growth</i>	Habit Relay Race <i>Relay-style activity with stations for different saving habits</i>	Showcase Presentations <i>Present all the work to parents and friends</i>	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA Junior Scientist (Age: 6-8)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 09:30	Ice Breakers Participate in introductory games to build community and peer relationships	Cranes and Mechanical Forces Build a magnetic crane to lift and move ferrous materials while exploring magnetism, engineering, and simple machines	Construct Elevator Construct a miniature elevator to explore pulleys, lifts, and mechanical systems	Aerospace Rover Assemble a Mars Cleaning Rover to explore aerospace engineering, STEM principles, and planetary protection	Automatic Water Dispenser Build an automatic water dispenser to explore infrared technology, motorised pumps, and sensor-controlled systems	
09:30 – 10:00	Washing Machine Model Assemble a washing machine with spin dryer to explore centrifugal force, inertia, and mechanical systems			Floating Ball Experiment Assemble a floating ball model to explore fluid speed, air pressure, and how faster airflow creates lower pressure	Cyclist Robot Construct a cycling robot to explore wheeled dynamics and bipedal balance mechanics	
10:00 – 10:30	AM Break					
10:30 – 11:30	Fibre Optic Lamp Assemble a fibre optic lamp to explore light transmission, optical illusions, and colourful light effects	Voice-Controlled Robot Dog Build a voice-controlled robot dog to explore biomechanics, artificial intelligence, and embedded systems	Ferris Wheel Engineering Build a Ferris wheel to explore gears, rotation, mechanics, and basic engineering concepts	Construct Skeleton Assemble a 3D skeleton with detachable organs to explore human anatomy and body structure	Magnetism and Levers Build a magnetic tree with rings to explore magnetism, levers, and invisible forces	
11:30 – 12:30	Maglev Train Build a magnetic levitation train to explore electromagnetism, magnetism, and levitation principles	Voice-Controlled Racing Car Build a voice-controlled electric racing car to explore human-machine interaction, acoustics, and wireless control systems	Satellite Build Build a satellite model to explore satellite orbits and space science concepts	Human Body Model Assemble a human body model with detachable organs to explore anatomy and the functions of major organs	Electric Fan Assemble a circuit to power a light bulb and fan while exploring electricity, circuits, and energy transfer	
12:30 – 13:00	Lunch					
13:00 – 13:30	Exploration Time					
13:30 – 14:15	Hand-Crank Generator Build a hand-crank generator to explore electromagnetic induction and how mechanical energy is converted into electricity	Acting Robots Build robots that ride and walk while exploring biomechanics, artificial intelligence, and dynamic control systems	Projectile Motion Build and launch a catapult to explore stored energy, projectile motion, and basic physics principles	Reflection of Light Explore light reflection through hands-on optical experiments and simple models	Electric Racing Car Build an electric racing car to explore motor control, torque, and vehicle dynamics	
14:15 – 14:45	Analyse and Explore Note Writing Reflect on learning by drawing circuit designs and explaining ideas through simple notes and sketches	Building Robots Build a small running robot to explore robotics, engineering, and mechanical movement	Magnetic Forces Car Magnet Build a magnetic monkey car to explore magnetic forces, repulsion, and motion	Analyse and Explore Note Writing Reflect on learning by drawing circuit designs and explaining ideas through simple notes and sketches	Exploration Enjoy hands-on learning through free exploration and discovery of the entire learning journey	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA Junior Scientist (Age: 9-11)						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Welcome Ice breakers and sharing of rules and essential agreements	Visible Sound Learn about the properties of sound and generate a visualization of soundwaves	Science of Flight Learn about thrust and other elements of flights	Wind Tunnel Testing Learn about the importance of fins in a rocket, and experiment with different fin designs	Advanced Paper Planes Experiment with different paper plane designs and compare their performance	
10:00 – 10:30	AM Break					
10:30 – 11:00	Case in Point Learn about polymers and protein by creating plastic from milk and other household chemicals	Non-Newtonian Fluid Mechanics Learn about viscosity and experiment with the special properties of non-newtonian fluids.	Electrostatics Learn about static electricity and experiment with its effects such as attraction, repulsion, and storing charges	Bottle Rockets Apply what was learned in “Science of Flight” and “Wind Tunnel Testing” to construct a bottle rocket	Bottle Rockets Redesign the bottle rockets based on the result of the last launch, and validate the effectiveness of the new design through a second launch	
11:00 – 11:30						
11:30 – 12:00		Effects of Vibrations Explore the effects of vibrations on non-newtonian fluids				
12:00 – 12:30	Lunch					
12:30 – 13:00	Polymerization Learn more about the polymers and their properties, experimenting with the special properties of a polymer used in diapers	Litmus Cabbage Learn about pH by making your own pH indicator	Molecular Gastronomy Experiment with food-safe substances to learn how chemicals can react with each other to change forms, and how these are used in the food industry	Bottle Rockets Launch the bottle rockets with different parameters (eg. water / air ratio, pressure, launch angle) and observe how they affect rocket performance, learning about the importance of experimentation and testing	Conclusions & Certificates Finishing up work and experiments followed by a final thought sharing session, and certificate presentation for program completion	
13:00 – 13:30						
13:30 – 14:00		Chemical Detective Conduct tests on various household chemicals to understand their pH				
14:00 – 14:45						
14:45 – 15:00	PM Break / Pack up / Home					

	English Lab (Age: 5-6) – 2 nd Week				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Warm-up Activities Promoting physical readiness, increasing mental alertness, building rapport among participants				
09:30 – 10:00	Language Arts Activities: Enhanced vocabulary building through focused learning Phonics; Learn the relationships between sounds and letters to enhance reading and spelling skills				
10:00 – 10:30	AM Break				
10:30 – 11:00	Speaking & Listening Practice Improving speaking and listening skills through focused practice and active participation in various communicative activities				
11:00 – 12:00	Writing Practice Master essential writing rules, such as grammar, spelling, and capitalization, to enhance clarity and effectiveness in written communication				
12:00 – 12:30	Reading Practice Improve reading fluency and speed through guided reading practice Develop comprehension skills				
12:30 – 13:00	Lunch				
13:00 – 13:30	Oral Language Practice Fostering improved pronunciation, vocabulary, fluency, and communication strategies				
13:30 – 14:45	Creative Minds Activity Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination	Creative Minds Activity Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way	Creative Minds Activity Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design	Creative Minds Activity Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way	Creative Minds Activity Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA English Lab (Age: 7-8) – 2nd Week						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 09:30	Warm-up Activities Promoting physical readiness, increasing mental alertness, building rapport among participants					
09:30 – 10:00	Language Arts Activities: Enhanced vocabulary building through focused learning Phonics; Learn the relationships between sounds and letters to enhance reading and spelling skills					
10:00 – 10:30	AM Break					
10:30 – 11:00	Speaking & Listening Practice Improving speaking and listening skills through focused practice and active participation in various communicative activities					
11:00 – 12:00	Writing Practice Master essential writing rules, such as grammar, spelling, and capitalization, to enhance clarity and effectiveness in written communication					
12:00 – 12:30	Reading Practice Improve reading fluency and speed through guided reading practice Develop comprehension skills					
12:30 – 13:00	Lunch					
13:00 – 13:30	Oral Language Practice Fostering improved pronunciation, vocabulary, fluency, and communication strategies					
13:30 – 14:45	Creative Minds Activity Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination	Creative Minds Activity Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way	Creative Minds Activity Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design	Creative Minds Activity Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way	Creative Minds Activity Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA English Lab (Age: 9-12) – 2nd Week					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Warm-up Activities Promoting physical readiness, increasing mental alertness, building rapport among participants				
09:30 – 10:00	Language Arts Activities (Vocabulary Building & Literacy) Improved word recognition and comprehension skills by practicing word analysis techniques, such as understanding prefixes, suffixes, roots, and word families				
10:00 – 10:30	AM Break				
10:30 – 11:00	Reading Practice Enhance critical thinking beyond the text by engaging in activities that require analysis, synthesis, and evaluation of information connecting it to real-world situations and personal experiences				
11:00 – 12:00	Speaking & Listening Practice Improving speaking and listening skills through focused practice and active participation in various communicative activities				
12:00 – 12:30	Writing Practice Foster an appreciation for the writing process and the importance of revision, editing, and proofreading in producing high-quality written work				
12:30 – 13:00	Lunch				
13:00 – 13:30	Oral Language Practice Fostering improved pronunciation, vocabulary, fluency, and communication strategies				
13:30 – 14:45	Creative Minds Activity Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination	Creative Minds Activity Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way	Creative Minds Activity Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design	Creative Minds Activity Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way	Creative Minds Activity Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy
14:45 – 15:00	PM Break / Pack up / Home				

	English Lab (Age: 13-14) – 2 nd Week				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Warm-up Activities <i>Promoting physical readiness, increasing mental alertness, building rapport among participants</i>				
09:30 – 10:00	Language Arts Activities (Vocabulary Building & Literacy) <i>Improved word recognition and comprehension skills by practicing word analysis techniques, such as understanding prefixes, suffixes, roots, and word families</i>				
10:00 – 10:30	AM Break				
10:30 – 11:00	Reading Practice <i>Enhance critical thinking beyond the text by engaging in activities that require analysis, synthesis, and evaluation of information connecting it to real-world situations and personal experiences</i>				
11:00 – 12:00	Speaking & Listening Practice <i>Improving speaking and listening skills through focused practice and active participation in various communicative activities</i>				
12:00 – 12:30	Writing Practice <i>Foster an appreciation for the writing process and the importance of revision, editing, and proofreading in producing high-quality written work</i>				
12:30 – 13:00	Lunch				
13:00 – 13:30	Oral Language Practice <i>Fostering improved pronunciation, vocabulary, fluency, and communication strategies</i>				
13:30 – 14:45	Creative Minds Activity <i>Explore the art of origami using simple paper bags, learning to fold and transform them into fun shapes and designs. A creative hands-on activity that encourages fine motor skills and imagination</i>	Creative Minds Activity <i>Get creative with paper plates, turning them into unique works of art, using a variety of materials. Paint, decorate, and design masterpieces, encouraging creativity and self-expression in a fun, easy way</i>	Creative Minds Activity <i>Design boats that can float and hold as many small objects as possible without sinking using only aluminium foil, building problem-solving, creativity, and basic understanding of buoyancy and design</i>	Creative Minds Activity <i>Design and build a raft that floats, using papers and straws, working on problem-solving and creativity, encouraging teamwork and engineering skills in a fun and interactive way</i>	Creative Minds Activity <i>Make colorful rainbow popcorn, adding strawberry syrup and chocolate syrup sauces for a fun and tasty treat. A sweet and creative activity everyone will enjoy</i>
14:45 – 15:00	PM Break / Pack up / Home				



SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Height Estimation Race <i>Develop social communication and pattern recognition skills using auditory or movement games</i>	Pipe Cleaner Polygons <i>Build geometric identification skills by constructing polygons with pipe cleaners to count angles and vertices</i>	Token Array Grids <i>Develop spatial organization and grid logic by arranging colorful tokens into rows and columns</i>	Timeline Organizers <i>Enhance chronological sequencing skills by organizing days, weeks, and months on a custom timeline</i>	Desk Graph Layouts <i>Develop data analysis skills by sorting colorful items into physical bar layouts on individual desks</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Ruler Scale Missions <i>Learn standard units of measurement by using physical rulers to scale classroom items</i>	Blindfold Shape Test <i>Enhance tactile shape recognition skills through a blindfolded geometric identification game</i>	Dice Rolling Array Game <i>Develop spatial modeling and multiplication reasoning through a dice-rolling array building game</i>	Month of the Year Sort <i>Strengthen chronological tracking skills by arranging cards of the months of the year in order</i>	Tally to Picture Match <i>Improve data translation skills by matching tally charts to corresponding visual picture graphs</i>
11:00 – 11:30	Room Object Gauging! <i>Apply estimation and proportional scaling skills to gauge object lengths around the room</i>	Live Geometric Theater <i>Develop analytical reading and problem-solving skills by acting out geometric story problems</i>	Repeated Addition Stories <i>Build foundational multiplication logic by solving word stories with repeated addition and grid groupings</i>	Calendar Riddle Clues <i>Refine deductive logic and tracking skills by solving calendar riddle clues to uncover secret dates</i>	Flashcard Chart Blitz <i>Boost processing speed and data interpretation fluency through rapid flashcard chart challenges</i>
11:30 – 12:00	Grid Map Drafting! <i>Build spatial drafting and mapping skills by creating measurement tracks using grid lines</i>	Polygon Duo Trailing <i>Enhance collaborative text analysis and deduction skills by working in pairs to trace polygon clues</i>	Whiteboard Column Regrouping <i>Practice vertical addition computation and regrouping techniques using whiteboards</i>	Solid Faces & Edges <i>Develop solid geometry classification skills by counting flat faces, edges, and corners</i>	Rapid Fire Quiz Show <i>Consolidate graphing interpretation skills by participating in a rapid-fire interactive quiz framework</i>
12:00 – 12:30	Lunch				
12:30 – 13:00	Target Limit Balance <i>Use bucket balance scales to compare and evaluate heavy and light weights of small toys</i>	Riddle Polygon Sort <i>Refine spatial logic and geometric sorting skills by decoding riddle clues to identify complex polygons</i>	Fast Array Multiplications <i>Develop rapid mental computation skills by resolving fast-paced multiplication riddles using concrete arrays</i>	Elapsed Time Navigation <i>Build time interval measurement skills by calculating elapsed time on a grid map</i>	Model Drawing Magic <i>Apply model drawing methods to solve complex word problems independently</i>
13:30 – 14:00	Mass Sorting Challenge <i>Classify real-world classroom items into categories of heavier or lighter than a standard block</i>	Room Angle Trailing <i>Build observational geometry skills by conducting an angle scavenger hunt around the room</i>	Domino Dot Aggregations <i>Calculate numerical values swiftly by matching and grouping dots on physical domino tiles to hit targeted limits</i>	Solid Real World Hunt <i>Develop geometric observation and real-world classification skills by tracking down solid objects</i>	Independent Workbook Lab <i>Consolidate overall mathematical concepts through independent progress tracking workbook exercises</i>
14:00 – 14:45	Heavyweight Championship <i>Predict, weigh, and order five target items from lightest to heaviest using non-standard scales</i>	3D Shape Architectures <i>Build spatial understanding and design patterns by constructing structures out of geometric solids</i>	Colored Bead Groupings <i>String up precise patterns of colored beads onto rods to visualize physical skip-counting values</i>	Engineering 3D Frameworks <i>Develop engineering and structural modeling skills by constructing physical 3D frameworks</i>	Grand Finale Boardgames <i>Reinforce comprehensive problem-solving skills through a collaborative math board game</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Multi-Activity Grp 1 (Age: 3-4) - Future World Explorers						
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	
08:30 – 09:00	Arrival					
09:00 – 10:00	Icebreakers Play a variety of ice breaker games to get to know classmates and teachers	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	Circle Time & Free Exploration Engage and explore in a variety of activities set up in the classroom e.g. Legos, puzzles, sensory, creative art & drawing	
10:00 – 10:30	AM Break					
10:30 – 11:00	Story Telling I Love Rockets Blast off with a young astronaut on an exciting journey through space filled with planets, challenges, and discovery	Story Telling The Robot’s Purpose Meet Rori the robot and explore themes of kindness, patience, and spreading positivity	Splash and Play Gather at the child-friendly pool to swim, splash and play!	Story Telling Pete the Cat and the Space Chase Join Pete the cat in this exciting adventure in space, exploring planets and over challenges along the way	Story Telling The Dinosaur that Poop a Planet! Follow a hilarious space journey as Danny and Dino try to return to Earth after an unexpected intergalactic situation	
11:00 – 12:00	Alphabet Space Craft Design a personalised space-themed craft inspired by letters and imagination	Straw Rocket Build and test straw rockets while exploring flight, force, and distance		Alien’s Spaceship Create unique alien spacecraft using creativity and futuristic ideas	Shooting Star Make a shooting star craft and make a wish under the galaxy sky	
12:00 – 12:30	Lunch					
12:30 – 13:45	Alien Snacks Design imaginative alien-themed snacks using creative food combinations	Beep! Beep! Robot! Construct fun robot-inspired edible creations using simple ingredients	Recycle Robot Turn recycled materials into creative moving robot designs	Martian Spaceship Assemble a space-themed cracker spaceship inspired by Martians	Moon Rice Cake Create a moon landscape using rice cakes and toppings to form craters and textures	
13:45 – 14:45	Earth Yay! Journey through the solar system and learn about the unique features of each planet Danny GO Space Race Follow Danny Go and dance with him in space race	Planet Quiz Test knowledge of the solar system through a fun and interactive quiz challenge after Earth Yay! story Space Workout Complete futuristic fitness stations inspired by space missions	Escape Team Rocket A fun game to escape obstacles and test reflexes and dexterity Robot Energy Join Danny Go as he powers up his robot energy in this electrifying dance adventure	Story Telling Three Little Aliens and the Big Bad Robot Enjoy a space twist on a classic tale featuring aliens and a mischievous robot Yoga with Aliens Stretch and move through fun alien-inspired yoga poses in space	Alien’s Adventure Complete quick puzzles, movement tasks, and reflex challenges in a fast-paced alien mission	
14:45 – 15:00	PM Break / Pack up / Home					

CAMP CA ASIA						Multi-Activity Grp 5 and 6 (Age: 5-6) – Future World Explorers					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		Move If You <i>Move when prompts match and learn others’ names and interests in a fun movement circle game</i>	Garden Explorers Adventure at Gardens by the Bay <i>Transportation to Gardens by the Bay for the day’s activities. Headcount and safety briefing will be conducted on site</i>	Space Structure Challenge <i>Work in teams to build a straw structure with a cup that holds as many stones as possible without collapsing, developing teamwork, problem-solving, creativity, and basic engineering skills</i>	Rocket Red Light, Green Light <i>Move like astronauts and freeze on command in a space-themed version of the game, developing listening skills, self-control, coordination, and focus</i>	Galaxy Clay Creations <i>Create space-themed models such as planets, aliens, and rockets using clay, encouraging creativity, imagination, and fine motor skills</i>					
09:30 – 10:00							Galaxy Fruit Skewers <i>Create colourful fruit skewers to resemble stars and planets while exploring flavours, textures, and encouraging healthy eating</i>	Dodgeball <i>Compete against each other in teams. Dodge, duck, and throw, developing agility, cooperation, focus, and sportsmanship</i>			
10:00 – 10:30		AM Break									
10:30 – 11:30		Galaxy Tug-of-War <i>Bring out the competitiveness and inculcating values like teamwork and sportsmanship, through play</i>	Explorers at Gardens by the Bay <i>Journey through Gardens by the Bay to discover towering Supertrees, vibrant blooms, and fascinating plants from around the world, and learning how nature supports the planet</i>	Cosmic Popcorn Mix <i>Create personalised popcorn snacks while exploring global flavours, sensory experiences, and food exploration</i>	Rocket Launcher Challenge <i>Launch bottled water rockets to explore air pressure and force, developing curiosity and hands-on STEM understanding</i>	Galaxy Display Frames <i>Place artwork into frames and decorate with space-themed designs, encouraging creativity, imagination, and artistic expression</i>					
11:30 – 12:30		Alien Puppet Craft <i>Create alien puppets and use them in storytelling activities, developing creativity, fine motor skills, and imaginative play</i>	PropNex Adventure <i>Explore interactive play spaces and sensory activities that encourage creativity, confidence, and social interaction, at the PropNex Family Zone</i>	Slip n Slide <i>Slip, slide, splash through a super slippery water lane! It’s fast, silly, and full of giggles! Perfect for warm weather while improving coordination, balance, and encouraging active play</i>	Moon Creation <i>Create moon artwork using sponges and white paint, then add stars and space details, encouraging creativity, imagination, and fine motor skills</i>	Galaxy Target Toss <i>Toss bean bags at targets to score points in a fun challenge, developing hand-eye coordination, aiming skills, and friendly competition</i>					
12:30 – 13:00		Lunch									
13:00 – 14:00		Star Window Cling Creations <i>Create colourful star-shaped window clings using simple materials, encouraging creativity, sensory exploration, and hands-on STEM experimentation</i>	Heritage Gardens <i>Explore cultural gardens and discover how plants reflect a region’s cultural heritage and connect to history, traditions, and communities</i>	Constellation Viewers <i>Create constellation viewers using craft materials and project star patterns with light, encouraging creativity, imagination, and exploration of space concepts</i>	Alien Bread Faces <i>Decorate bread with fruits and vegetables to create fun alien faces, encouraging creativity, fine motor skills, and hands-on food exploration</i>	Alien Slime Lab <i>Mix ingredients to create colourful alien slime which explores textures and sensory play, encouraging curiosity, creativity, and STEM exploration</i>					
14:00 – 14:45		Space Musical Chairs <i>Move around a circle of chairs and quickly find a seat when the music stops, encouraging listening skills, quick reactions, and active participation</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>	Space Parachute Adventure <i>Play space-themed parachute games that develop teamwork, coordination, listening skills, and group interaction</i>	Galaxy Untangle Challenge <i>Work together to untangle a human knot, developing teamwork, communication, coordination, and problem-solving skills</i>	Space Yoga Adventure <i>Follow space-themed yoga poses encouraging balance, mindfulness, coordination, and body awareness</i>					
14:45– 15:00		PM Break / Pack up / Home									



Multi-Activity Grp 9 (Age: 7-8) – Future World Explorers

SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 9:30	Introduction <i>A quick introduction of the instructors, program, and camp rules</i>	My Future Self <i>Become visionary time-travelers, fast-forwarding twenty or thirty years to imagine what they will look like, where they will live, and what incredible careers they will pursue in the future world</i>	Tug - Of War Challenge <i>Bring out the competitiveness and inculcating values like teamwork and sportsmanship, through play</i>	Slime Smoothie <i>Transform simple ingredients into an edible, ooey-goocy alien concoction, using only hands and safe tools to mash and swirl them together, creating a crater-filled liquid</i>	Dodgeball <i>Compete against each other in teams. Dodge, duck, and throw, all while learning cooperation, focus, and sportsmanship</i>
09:30 – 10:00	Ice Breaker Activity <i>Fun ice-breaker games to get to know each other and creating initial bond, to aid forming groups for activities</i>				
10:00 – 10:30	AM Break				
10:30 – 11:30	Parachute (Variations) <i>Bounce, lift, and wiggle! A lively game full of laughter and movement, promoting teamwork, timing, and social skills while having fun with all the different game variations</i>	Magic "Melting" Ooze <i>Engineer a bizarre, alien substance that acts like a solid when squeezed but melts like a liquid when released developing sensory experience, spatial logic and observation skills</i>	Glowing Moon Rock <i>Mix safe ingredients to create luminous, textured lunar specimens, fusing space exploration, basic chemistry, and futuristic glowing fun</i>	Archery <i>Take aim, pull back, and let your arrow fly! This activity challenges focus, build precision, and master hand-eye coordination</i>	Alien Mask <i>Craft a unique 3D alien character from scratch using diverse materials, and determine what special powers their alien possesses to match</i>
11:30 – 12:30					
12:30 – 13:00	Lunch				
13:00 – 13:30	Future City Tower <i>Design and build the tallest tower, using only paper and masking tapes, challenging critical thinking from rolling tubes, folding beams, and building strong load-bearing bases to survive simulated earthquakes</i>	Get Ready! <i>Quick rest after lunch while they being briefed on the safety rules of the upcoming activity, and changing into their water play outfits</i>	Edible Moon Rocks <i>Mix, mash, and compress everyday cereals and honey into edible, crunchy lunar meteors, exploring particle binding, sticky physical textures, and space colony nutrition without fire</i>	Alien Paper Bridge Challenge <i>Design and test bridges on how much weight they could hold, learning about problem-solving, creativity, and how small changes can lead to stronger foundations</i>	Robot Sandwich <i>Design edible 3D robot figures from scratch, using colorful fruits, crisp vegetables, and sweet candy accents, carefully selecting the perfect shapes for gears, wires, and control panels</i>
13:30 – 14:00		Slip ‘N’ Slide <i>Slip, slide, splash through a super slippery water lane! It’s fast, silly, and full of giggles! Perfect for warm weather while improving coordination, balance, and encouraging active play</i>			
14:00 – 14:30					
14:30 – 14:45	Movement Game <i>Follow active prompts, listen for cues, and navigate fun challenges that test their reflexes</i>	Yoga <i>Learn simple poses, practice deep breathing, and use their imagination</i>	Groovy Moves <i>Experiment with rhythm, follow fun beat patterns, and try out silly dance prompts</i>	Dance Party! <i>Move freely to different tempos, learn basic steps, and celebrate self-expression</i>	Exercise <i>Take part in challenges through jumping, balancing, and stretching, to get stronger and faster</i>
14:45 – 15:00	PM Break / Pack up / Home				



Multi-Activity Grp 10 (Age: 7-8) – Future World Explorers

SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 9:30	Introduction <i>A quick introduction of the instructors, program, and camp rules</i>	Slime Smoothie <i>Transform simple ingredients into an edible, ooey-gooley alien concoction, using only hands and safe tools to mash and swirl them together, creating a crater-filled liquid</i>	My Future Self <i>Become visionary time-travelers, fast-forwarding twenty or thirty years to imagine what they will look like, where they will live, and what incredible careers they will pursue in the future world</i>	Archery <i>Take aim, pull back, and let your arrow fly! This activity challenges focus, build precision, and master hand-eye coordination</i>	Magic "Melting" Ooze <i>Engineer a bizarre, alien substance that acts like a solid when squeezed but melts like a liquid when released developing sensory experience, spatial logic and observation skills</i>
09:30 – 10:00	Ice Breaker Activity <i>Fun ice-breaker games to get to know each other and creating initial bond, to aid forming groups for activities</i>				
10:00 – 10:30	AM Break				
10:30 – 11:30	Parachute (Variations) <i>Bounce, lift, and wiggle! A lively game full of laughter and movement, promoting teamwork, timing, and social skills while having fun with all the different game variations</i>	Glowing Moon Rock <i>Mix safe ingredients to create luminous, textured lunar specimens, fusing space exploration, basic chemistry, and futuristic glowing fun</i>	Tug - Of War Challenge <i>Bring out the competitiveness and inculcating values like teamwork and sportsmanship, through play</i>	Alien Mask <i>Craft a unique 3D alien character from scratch using diverse materials, and determine what special powers their alien possesses to match</i>	Dodgeball <i>Compete against each other in teams. Dodge, duck, and throw, all while learning cooperation, focus, and sportsmanship</i>
11:30 – 12:30					
12:30 – 13:00	Lunch				
13:00 – 13:30	Future City Tower <i>Design and build the tallest tower, using only paper and masking tapes, challenging critical thinking from rolling tubes, folding beams, and building strong load-bearing bases to survive simulated earthquakes</i>	Get Ready! <i>Quick rest after lunch while they being briefed on the safety rules of the upcoming activity, and changing into their water play outfits</i>	Edible Moon Rocks <i>Mix, mash, and compress everyday cereals and honeyinto edible, crunchy lunar meteors, exploring particle binding, sticky physical textures, and space colony nutrition without fire</i>	Alien Paper Bridge Challenge <i>Design and test bridges on how much weight they could hold, learning about problem-solving, creativity, and how small changes can lead to stronger foundations</i>	Robot Sandwich <i>Design edible 3D robot figures from scratch, using colorful fruits, crisp vegetables, and sweet candy accents, carefully selecting the perfect shapes for gears, wires, and control panels</i>
13:30 – 14:00		Slip ‘N’ Slide <i>Slip, slide, splash through a super slippery water lane! It’s fast, silly, and full of giggles! Perfect for warm weather while improving coordination, balance, and encouraging active play</i>			
14:00 – 14:30					
14:30 – 14:45	Exercise <i>Take part in challenges through jumping, balancing, and stretching, to get stronger and faster</i>	Dance Party! <i>Move freely to different tempos, learn basic steps, and celebrate self-expression</i>	Groovy Moves <i>Experiment with rhythm, follow fun beat patterns, and try out silly dance prompts</i>	Movement Game <i>Follow active prompts, listen for cues, and navigate fun challenges that test their reflexes</i>	Yoga <i>Learn simple poses, practice deep breathing, and use their imagination</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Young Adventurer (Age: 9-11)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Introduction & Ice Breaker <i>Take part in team challenges and interactive games that build friendships, confidence, and teamwork</i>	Travel <i>Transportation to Hillview for the day's activities. Headcount and safety briefing will be conducted on site</i>	Rapid River Crossing <i>Work together to build a mobile bridge and transport the team across a simulated river challenge</i>	Travel <i>Transportation to Chinese Garden for day's activities. Headcount and safety briefing will be conducted on site</i>	Survival Bracelet <i>Create a custom survival bracelet and learn how simple tools can support outdoor adventures</i>
10:00 – 10:30	AM Break				
10:30 – 11:15	Knot-tying <i>Learn essential knots and hitches used for outdoor activities and adventure tasks, contributing to the strength and security needed for complex adventure builds</i>	Basic First Aid <i>Learn basic first aid skills and emergency response techniques to help keep the team safe</i>	Water-Run Extraction <i>Transport water supplies through an obstacle course using teamwork and coordination</i>	Map Reading <i>Learn to use maps and compasses to navigate routes and explore with confidence</i>	Outdoor Cooking <i>Learn fire-starting techniques and cook a meal together using outdoor cooking methods</i>
11:15 – 12:00	Shelter Building 101 <i>Work together to pitch and secure a sturdy tent using teamwork, coordination, and problem-solving skills while learning the basics of campsite setup</i>	Nature Frame Hunt <i>Collect natural materials during the hike and create a framed nature collage to take home</i>	Catapult Water Bomb Launch <i>Work together to launch water balloons at targets, adjusting aim and distance for maximum impact, whereby success depends on group coordination and shared focus</i>	Map Making <i>Create your own maps with secret trails and plot routes using compass and navigation skills</i>	Amber Stove Marshmallow <i>Roast marshmallows over glowing embers while learning simple campfire cooking techniques</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	DIY Water Filtration <i>Build a survival water filter using sand, charcoal, gravel, and stones to explore how water can be cleaned in this hands-on STEM activity, encouraging teamwork, observation, and outdoor survival learning</i>	Hiking <i>Explore the Wallace Trail while discovering nature and building endurance as a team, discovering hidden wonders that only those who brave the trail can see</i>	Water Balloon Battle <i>Work together in a fast-paced water battle that relies on teamwork and communication to better the opposing team</i>	Wayfinding Treasure Hunt <i>Use map-reading skills to locate hidden checkpoints and complete the hunt as a team to find the ultimate prize</i>	Nerf Battle <i>Take part in tactical team battles that rely on teamwork, strategy, and coordination</i>
14:00 – 14:45	The Kinetic Crane Challenge <i>Coordinate as a team to complete a balance-based challenge that requires trust and teamwork</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>	Project: Zero Trace <i>Infiltrate the 'Impact Zone' to recover micro-contaminants before they breach the local ecosystem</i>	Back to School! <i>Get ready for some snacks while they take a comfortable ride back to school</i>	The Expedition Debrief & Honor Circle <i>Complete your final field mission: restore the camp, secure your equipment, and step into the Honor Circle to receive your official Young Adventurer status</i>
14:45– 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Passion for Art (Age: 6-8) – En Plain Air					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Introduction <i>Learn about the camp, materials and classroom agreements</i>	Introduction to the day <i>Learn about the medium of INK PAINTING</i>	Introduction <i>Outdoor Excursion Preparation</i>	Introduction <i>Learn about the medium of ACRYLIC PAINT</i>	Introduction <i>Learn about the medium of PRINTMAKING</i>
09:30 – 10:00	Icebreaker <i>Learn about each other and groups</i>	Introduction <i>Learn about the genre of NATURE and the medium of INK</i>	Travel Time <i>Safely Walk to Bidadari Park and learn about en plein air painting</i>	Painting Techniques <i>Learn about the Colour Wheel</i>	En Plein Air <i>Walk to the outdoor tree area and practice outdoor printmaking</i>
10:00 – 10:30	AM Break				
10:30 – 11:45	Oil Pastel Techniques <i>Create a mini-artwork using the techniques learnt</i>	Ink Techniques <i>Learn some tonal techniques for ink paintings</i>	En Plein Air Painting (1hr) <i>Campers learn about nature around them as they paint with watercolour</i>	Painting Techniques <i>Learn about some basic painting techniques</i>	Open Studio <i>Brief Description</i>
11:45 – 12:00	Oil Pastel Techniques <i>Learn some blending techniques to using oil pastels</i>	Ink Techniques <i>Create a mini-artwork based on all the techniques learnt</i>	Travel Time (@11:30am) <i>Safely Walk to back to SAIS</i>	Painting Techniques <i>Create a mini-artwork based on all the techniques learnt</i>	Open Studio <i>Develop the week into an art piece!</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	En Plein Air - Climbing Gym Space <i>Walk to the outdoor space and translate what you see into a drawing</i>	En Plein Air - Washington Plaza (Trees) <i>Walk to the outdoor space and translate what you see into an ink painting</i>	Open Studio <i>Post-trip planning time</i>	En Plein Air - School Field <i>Walk to the outdoor space and make a quick outdoor study</i>	Curator for the Day <i>Plan and hold an in-class Exhibition of all the artworks made over the week</i>
13:30 – 14:30	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Celebration <i>Hold an in-class Exhibition of all the artworks made over the week</i>
14:30 – 14:45	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Passion for Art (Age: 9-11) – Art on the Road					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 09:30	Introduction <i>Learn about the camp, materials and classroom agreements</i>	Introduction <i>Introduce the technique of collage</i> <i>Prepare a range of colourful painted papers for use later</i>	Introduction <i>Learn about the medium of WATERCOLOR PAINT</i>	Introduction <i>Outdoor Excursion Preparation</i>	Introduction <i>Learn about the medium of INK PAINTING</i>
09:30 – 10:00	Icebreaker <i>Learn about each other and groups</i>	Name of Activity <i>Introduce element of shape</i> <i>Create a class vocabulary of different shapes using collage</i>	Painting Techniques <i>Learn about the Colour Wheel</i>	Travel Time <i>Safely Walk to Bidadari Park and learn about en plein air painting</i>	En Plein Air - Stamford Yard <i>Walk to the outdoor tree area and practice outdoor painting</i>
10:00 – 10:30	AM Break				
10:30 – 11:45	Graphite Crayon <i>Using drawing techniques to create organic forms</i>	Collage <i>Create a class vocabulary of different shapes using collage</i>	Painting Techniques <i>Learn about some basic painting techniques</i>	En Plein Air Painting (1hr) <i>Campers learn about nature around them as they paint with watercolour</i>	Open Studio <i>Brief Description</i>
11:45 – 12:00	Life Drawing - Gestural Lines <i>Understand how lines can be expressive and convey movement</i>	En Plein Air - Washington Plaza (Trees) <i>Walk to the outdoor space and translate what you see into an ink painting</i>	Painting Techniques <i>Create a mini-artwork based on all the techniques learnt</i>	Travel Time (@11:30am) <i>Safely Walk to back to SAIS</i>	Open Studio <i>Develop the week into an art piece!</i>
12:00 – 12:30	Lunch				
12:30 – 13:30	The Human Form <i>Learning how to capture the human figure using gestural lines in graphite</i>	Mixed-Media Collage <i>Select a range of actual textures to accompany the implied textures created</i>	En Plein Air - School Field <i>Walk to the outdoor space and make a quick outdoor study</i>	Open Studio <i>Post-trip planning time</i>	Curator for the Day <i>Plan and hold an in-class Exhibition of all the artworks made over the week</i>
13:30 – 14:30	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Open Studio <i>Developing the day into an art piece!</i>	Celebration <i>Hold an in-class Exhibition of all the artworks made over the week</i>
14:30 – 14:45	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space	Pack Up the Space
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA						Super Chef (Age: 6-16) – Sunny Safari Grill					
SCHEDULE		Monday		Tuesday		Wednesday		Thursday		Friday	
08:30 – 09:00		Arrival									
09:00 – 09:30		Welcome Greeting & Kitchen Safety Briefing <i>Meet the team and engage in ice breaking activities, and learn the basics of kitchen safety</i>		Morning Greeting & Briefing on Farm Visit <i>Understand safety guidelines, expectations, and important rules for a safe, fun, and enjoyable experience</i>		Savoury Cheddar Muffin <i>Bake savoury cheddar muffins while practicing chopping, mixing, and portioning techniques. Building confidence in knife skills, batter preparation, and oven safety</i>		Creamy Apple Salad <i>Prepare and mix fresh fruits, learning basic cutting and mixing techniques to create a refreshing and healthy snack or side dish</i>		Kitchen Briefing & Team Huddle <i>Overview of the day’s menu and preparation steps with guidance on mise en place and kitchen coordination, focusing on teamwork, timing, and confidence in execution</i>	
09:30 – 10:00		Marinate Boneless Chicken <i>Develop food prep skills and learn how to marinate chicken using a variety of herbs, spices, and techniques to enhance taste and tenderness</i>		Journey to Farm <i>Travel to Straits Agriculture for a fun and informative learning journey, exploring sustainable farming and discovering how fresh produce is grown</i>		Marinated Fish <i>Prepare and season a simple fish mixture, then shape, coat, and bake or fry until golden and crispy. Learn basic coating and cooking techniques, and understand the importance of seasoning and presentation</i>		Marinated Chicken <i>Learn to marinate chicken using various marinades, spices, and techniques, while developing skills in preparing flavourful and tender dishes</i>			
10:00 – 10:30		AM Break									
10:30 – 11:30		Chicken Skewers Lemon Herbs Glazed <i>Marinate chicken, skewer pieces, and grill with a lemon herb glaze, learning seasoning, grilling, glazing, and flavouring techniques</i>		Farm Learning Journey – Straits Agriculture <i>Interactive farm visit exploring how fresh produce is grown through sustainable farming practices, including sensory experiences and hands-on harvesting. Learning focuses on food origins, food security, farm technology, environmental care, and responsibility</i>		Fresh Herbs Grilled Fish <i>Enhance grilling techniques, and understanding flavors, creating a healthy and flavourful dish</i>		Chocolate Chips Cookies <i>Measure various ingredients, mix, shape, and bake cookie dough, learning basic mixing and baking techniques to create a simple treat</i>		Kitchen Preparation <i>Prepare and assemble dishes, create food tags, and set up food stations while applying creativity, organisation and cooking skills</i>	
11:30 – 12:00		Apple Crumbles <i>Prepare fruit filling, make crumble topping, and bake until golden, learning fruit preparation, crumb mixing, and oven baking techniques to create a comforting dessert</i>				Vegetable Spring Rolls <i>Prepare fresh vegetables, then roll in rice paper and serve fresh or fried, learning chopping and rolling techniques to create a healthy and nutritious snack</i>		Pan Grilled Chicken Patty <i>Develop skills in meat preparation, seasoning, and cooking techniques to create patties enjoyed in sandwiches or as a main dish</i>		Preparation Before Service <i>Final touches on dishes including garnishing and plating while ensuring presentation and flavour are well prepared</i>	
12:00 – 12:30											
12:30 – 13:00		Lunch									
13:00 – 14:00		Herbal Cheese Bread Sticks <i>Knead and roll soft dough, spread with melted cheese and herbs, then cut into strips and bake until golden and gooey, creating a cheesy snack for dipping and sharing</i>		Macaroni Cheese Bake <i>Cook pasta, prepare a creamy cheese sauce, and bake until golden, learning boiling, sauce making, and baking techniques to create a comforting dish</i>		S’mores Bars <i>Learn layering and roasting techniques to assemble graham crackers, chocolate, and marshmallows</i>		Lemon Cupcake <i>Bake soft lemon cupcakes from scratch, learning how to measure mix and achieve the signature classic</i>		Restaurant Lunch Service <i>Welcome and serve guests the prepared menu. Present dishes with care, applying hospitality, plating, and service to complete the culinary experience</i>	
14:00 – 14:45		Pumpkin Cream Soup <i>Learn to roast pumpkin, sautéing, boiling, blending, and simmering techniques to create a smooth creamy, rich soup</i>				Sunshine Sundae Surprise – Swensen’s Sweet Treat <i>Make a creative ice cream sundae using scoops of ice cream, sprinkles, fruits, cookies and sauces, exploring flavour combinations, textures and presentation skills</i>		Frosting for Cupcakes <i>Whip up a creamy frosting for the cupcakes making it an irresistible treat</i>			
14:45 – 15:00		PM Break / Pack up / Home									

	Music Explorers (Age: 6-8)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Welcome Jam & Ice Breakers <i>Rhythm & movement activities, name games</i>	Ice Breakers & Pass The Beat <i>Musical activities + Rhythm activities to help warm up musical instincts</i>	Rhythm Challenges & Exploration <i>Rhythm challenges and more hands-on time for instrument exploration</i>	Rhythm Challenges & Parachute <i>Rhythm challenges and responding to musical elements like dynamics and tempo</i>	Band Rehearsal <i>Rehearsing in bands for the showcase</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Ukulele Design Lab <i>Design the ukulele with paint and markers</i>	Keyboard Tutor <i>Basics of keyboard chord playing and bass notes</i>	Drums Tutor <i>Learn the basic parts of the drums and coordinating a 4-beat pattern</i>	Team Build: Techniques <i>Exploring band techniques like teamwork, eye contact and listening skills</i>	Dress Rehearsal <i>All bands will perform for peers and gather feedback</i>
11:00 – 11:30		Keyboard Jam <i>Hands-on keyboard experience to play a 3-chord song</i>	Drums Jam <i>Playing and practicing a 4-beat pattern on drums and drum pads</i>	Band Jam <i>Working in bands and putting the song together</i>	
11:30 – 12:00					Battling Nerves <i>Exploring techniques to cope with nerves, and strategies to keep the performance going</i>
12:00 – 12:30	Lunch				
12:30 – 13:00	Ukulele Care <i>Tuning and care instructions</i>	Bucket Drums <i>Rhythm exploration, learning a basic beat to go along with a popular hit</i>	Band Line-Up <i>Placement into bands and selection of songs</i>	Team Build: Silent Band <i>Without any verbal communication, band members will create a groove</i>	Team Build: Guess the Leader <i>Every band will select a leader that controls the tempo/dynamics, and the audience member must guess who the leader is</i>
13:00 – 13:30	Ukulele Tutor <i>Basic 3 chords and strumming patterns on the uke</i>	Ukulele Jam <i>Tune up; Basic 3 chords and strumming patterns on the uke</i>		Band Jam <i>Working in bands and putting the song together</i>	
13:30 – 14:00	Bucket Drums <i>Rhythm exploration, learning a basic beat to go along with a popular hit</i>		Band Jam <i>Planning roles and start practicing the song</i>		Band Rehearsal <i>Final rehearsal before the showcase</i>
14:00 – 14:45	Don't Forget The Lyrics! <i>Choosing the song item and singing together + Reflection on the day + Points</i>	Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>	Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>	Don't Forget The Lyrics! <i>Singing together & Reflection on the day + Points</i>	Certificate Presentation & Parent Showcase <i>Presented a certificate upon completion of the whole program</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Music Explorers (Age: 9-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Welcome Jam & Ice Breakers Rhythm & movement activities, name games	Ice Breakers & Pass The Beat Musical activities + Rhythm activities to help warm up musical instincts	Rhythm Challenges & Exploration Rhythm challenges and more hands-on time for instrument exploration	Rhythm Challenges & Exploration Rhythm challenges and more hands-on time for instrument exploration	Band Rehearsal Rehearsing in bands for their showcase
10:00 – 10:30	AM Break				
10:30 – 11:00	Ukulele Design Lab Design the ukulele with paint and markers	Drums Tutor Learn the basic parts of the drums and coordinating a 4-beat pattern	Keyboard Tutor Basics of keyboard chord playing and bass notes	Band Jam Working in bands and putting the song together	Dress Rehearsal All bands will perform for peers and gather feedback
11:00 – 11:30		Drums Jam Playing and practicing a 4-beat pattern on drums and drum pads	Keyboard Jam Hands-on keyboard experience to play a 4-chord song		Battling Nerves Exploring techniques to cope with nerves, and strategies to keep the performance going
11:30 – 12:00					
12:00 – 12:30	Lunch				
12:30 – 13:00	Ukulele Care Tuning and care instructions	Ukulele Jam Tune up; Basic 4 chords and strumming patterns on the uke	Band Line-Up Placement into bands and selection of songs	Team Build: Silent Band Without any verbal communication, band members will create a groove	Team Build: Guess the Leader Every band will select a leader that controls the tempo/dynamics, and the audience member must guess who the leader is
13:00 – 13:30	Ukulele Tutor Basic 4 chords and strumming patterns on the uke			Band Jam	
13:30 – 14:00	Bucket Drums Rhythm exploration, learning a basic beat to go along with a popular hit	Bucket Drums Rhythm exploration, learning a basic beat to go along with a popular hit	Team Build: Techniques Exploring band techniques like teamwork, eye contact and listening skills	Working in their Bands and putting their song together	Band Rehearsal Final rehearsal before the showcase
14:00 – 14:45	Don't Forget The Lyrics! Choosing the song item and singing together + Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Don't Forget The Lyrics! Singing together & Reflection on the day + Points	Certificate Presentation & Parent Showcase Presented a certificate upon completion of the whole program
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Super Basketball (Age: 7-16)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Shoot Around <i>Assessment and grouping based on age / level, through ball-handling ice-breaker activities and assessment drills</i>	Shoot Around / Ball-Handling / Passing <i>Building the foundation to strong control of the basketball and learning, through games</i>	Shoot Around / Ladder Footwork / Ball-Handling <i>Introducing the ladder to enhance footwork and balance. Progressing the ball-handling drills with different techniques and games</i>	Ladder Footwork / Ball-Handling / Passing <i>Dynamic drills with more aggressive movements and advance actions, building more on the footwork and overall ball control skills</i>	Ball-Handling Games <i>Play all the different variations of games that were taught over the course of the week</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Layups <i>Setting the foundation to footwork and introducing weak hand finishing</i>	Off-Hand Layups <i>Finishing with mainly off-hand through various types of drills. Groups will be split depending on advancement</i>	Off-Hand Layups <i>Finishing using off-hand at different angles on the basket</i>	Chase Drills <i>Applying the layup skills to a more competitive environment and game-like structure</i>	Chase Drills <i>Applying the layup skills to a more competitive environment</i>
11:00 – 11:30	Jump-stop Finishing <i>Understand and develop shooting on balance and under control around the basket</i>	Dribble Finishes <i>Dynamic dribbling to finishing, using cones and different angles around the rim</i>	Pivot Attacks <i>Footwork pivots into counters and finishing</i>	Passing & Cutting <i>Developing offensive actions to score with teammates involved</i>	Competitive Games <i>Compete at a high level on finishing and playing games to increase competitive spirit</i>
11:30 – 12:00	Chase Drills <i>Applying the layup skills to a more competitive environment</i>	1 v 1 <i>Working on various finishing with defense - changing the style and footwork to finish</i>	Passing & Cutting <i>Developing offensive actions to score with teammates involved</i>	2 v 2 + Team Concepts <i>Working on passing and cutting with defenders in play</i>	Shooting Games <i>Play all the shooting games that were introduced over the week</i>
12:00 – 12:30	Shooting Form <i>Learning the fundamentals of shooting, with the correct mechanics</i>	Shooting <i>Improve the fundamentals of shooting, with more details</i>	Shooting <i>Introduction to various shooting drills and competitive games to increase the pressure and speed, with the addition of incremental pull-ups into the shooting drills</i>	Shooting <i>Introduction to more shooting drills and games based on group level</i>	Half Court Play <i>Playing in the half court and continuing to build understanding of motion offense and team defense</i>
12:30 – 13:00	Lunch				
13:00 – 13:30	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>	Basketball Movie / Shoot Around <i>Rest and digest while watching a basketball inspired film or motivational clips</i>
13:30 – 14:00	Offensive Actions <i>Learning the fundamentals to basketball motion along with passing and cutting</i>	Motion Concepts <i>Basic motion offense and playing off other players, emphasizing constant movement in correlation to the ball</i>	Scenario Scrimmage <i>Playing live matches and introducing defensive concepts in certain scenarios</i>	Shooting Drills <i>Working on shooting more, in a competitive situation to prepare for live games</i>	Live Games <i>Competitive game play</i>
14:00 – 14:45	Games <i>Introduction to various games based on level and ability, followed by team formation and understanding the dynamics between players and groups</i>	Games <i>Competitive elements subject to skill level and ability to compete</i>	Live Games <i>Encouraging full involvement into some degree of basketball competition</i>	Live Games <i>Playing full court or half court games, depending on the size of teams and abilities</i>	Parent’s Showcase <i>Mini Tournament / Games / Presentation Ceremony Awards</i>
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Parkour (Age: 7-13)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Intro & Warm-ups Introduction to Parkour and the Team, expectations, and safety in movements	Vault Line Drills Stretching activities followed by Vault Drills, learning the various ways of vaulting over blocks		Vaults & Games Game based activities, and introduction towards Parkour games such as speed runs and chase tag	
10:00 – 10:30	AM Break				
10:30 – 11:30	Elements of Movement Learn basic to advanced parkour movement elements depending on skill levels on 4 different apparatus		All New Skills Challenge Attempt a list of skills to earn wristbands. Each level contains 44 skills of increasing difficulty which requires physical and mental control to accomplish White Elements: Awareness Of 44 Parkour Movement Patterns Black Elements: Control Of 44 P Movements Patterns Red Elements: Demonstrate Power In 44 More Patterns Advanced Students Aims To Check Off A More Physically Challenging Skills		
11:30 – 12:30			Games & Events Experience parkour competition from playing chase-tag, time trials, and style competitions	Performance Choreography/Rehearsal Choreograph and prepare for the 'Parents showcase' performance, choosing the best skills to showcase, promoting collaboration, timing, and the importance of celebration	
12:30 – 13:00	Lunch				
13:00 – 13:30	Video Reflection Relax and digest in the classroom while learning about professional practitioners, training mindsets, and the parkour culture. Exploring a different theme each day such as ‘be strong to be useful’, ‘Start together Finish Together’, as practiced by the founders of parkour. The aim during this segment is to install the values of Parkour, and the love for training			Final Performance Choreography/Rehearsal Get ready and make final preparations before the show	
13:30 – 14:00	Flips & Tricks Learn and experience acrobatic elements of parkour involving front and side flips				Parent’s Showcase Time to “show-off” the skills learnt and showcase the best skills chosen, promoting collaboration, timing, and the importance of celebration
14:00 – 14:15					
14:15 – 14:45	Conditioning, Cooldown Stretches & Group Reflection Finish different conditioning sets each day targeting the upper, mid, and lower body, ending with a stretch and a group reflection led by the head coach				
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA Super Gymnastics (Age: 5-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Ice Breaker Warmups Intro to Gymnastics and the team, what to expect throughout camps, and safety in movements	Introduction, Floor Drills & Stretching Introducing one different training theme-of-the-day, every day. Learn how to stick landing, train safely, be resilient, work with partners, and perform. Start with pre-station warmup and conditioning with drills and floor movements, learning 1 new gymnastics challenge per day			
10:00 – 10:30	AM Break				
10:30 – 11:30	Apparatus Rotations Learn basic to advanced gymnastics movement elements depending on skill levels on 4 different apparatus		All New Gymnastics Skills Challenge Attempt a list of skills from level 1-4 Australian Level Gymnastics, along with our special Camp Asia challenges, to earn award ribbons. Each level contains 30-44 skills of increasing difficulty which requires physical and mental control to accomplish		
11:30 – 12:00	Acrobatics Engage in partner and group teamwork, learning balance, cartwheeling over each other, and performing in synchronicity. Create a sequence to perform while developing physical abilities, build friendships, foster teamwork, and acrobatic skills				
12:00 – 12:30	Lunch				
12:30 – 12:45	Video Reflection/Classroom Time Relax and digest in the classroom while learning more about gymnastics, discussing new skills, and training mindsets for the day. Watch gymnastics clips and participate in arts and crafts activities, then briefing on afternoon sessions before heading back to the gym				
12:45 – 13:30	Trampolining & Tumbling Develop foundational trampoline skills according to their abilities, from simple ‘star jump’ to front flips. Explore both big and mini trampoline, along with basics floor tumbling skills, developing coordination, strength, and body awareness			Final Performance Choreography/Rehearsal Get ready and make final preparations before the show	
13:30 – 14:00	Games & Free Exploration Gymnastics based challenges, group games, and exploration of gymnastics apparatus under supervision, learning through play and exploration		Performance Choreography/Rehearsal Choreograph and prepare for the 'Parents showcase' performance, choosing the best skills to showcase, promoting collaboration, timing, and the importance of celebration		Parent’s Showcase Time to “show-off” the skills learnt and showcase the best skills chosen, promoting collaboration, timing, and the importance of celebration
14:00 – 14:15					
14:15 – 14:45	Conditioning, Cooldown Stretches & Group Reflection Finish different conditioning sets each day targeting the upper, mid, and lower body, ending with a stretch and a group reflection led by the head coach				
14:45 – 15:00	PM Break / Pack up / Home				

	Super Soccer (Age: 5-6)				
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Defensive Basics <i>Practice defending stance through games</i>	Receiving & Support <i>Focus on passing through gates</i>	1v1 Attacking <i>Perform 1v1 fun moves</i>	Passing Accuracy <i>Practice push-pass technique</i>	Revision Stations <i>Practice in fun challenges</i>
10:00 – 10:30	AM Break				
10:30 – 12:30	Team Defending <i>Engage in 1v1 shadow defending</i>	Possession Play <i>Participate in simple possession games</i>	Combination Play <i>Play 2v1 or 3v1 games</i>	Cross & Finish <i>Focus on passing, shooting, and wide dribbling</i>	Game Scenarios <i>Compete in small-sided matches</i>
12:30 – 13:00	Lunch				
13:00 – 14:00	Defensive Games <i>Play "defend together" games (no tackling focus)</i>	Team Build-Up <i>Play "find a friend" games or other group activities</i>	Attacking Movements <i>Celebrate creativity during play</i>	Final Third Play <i>Practice passing and shooting</i>	Showcase Rehearsal and Parent's Showcase (1:45PM) <i>Showcase the skills learned for the week, including displays of agility drills, technical drills, and matches</i>
14:00 – 14:45	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	Matches <i>Form teams and play friendly matches to apply learned skills and gain opportunities to improve</i>	
14:45 – 15:00	PM Break / Pack up / Home				

CAMP CA ASIA		Super Soccer (Age: 7-14)			
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Defensive Basics Matches <i>Focus on defensive stance, body shape, side-on defending, and delay vs. quick intervention</i>	Receiving & Support <i>Work on scanning, awareness, and first touch under pressure</i>	Attacking Techniques <i>Dribble to beat a defender; practice change of pace, direction, and 1v1 moves</i>	Passing Accuracy <i>Practice short vs. long passes, accuracy, and first-time passes</i>	Revision Stations <i>Rotate through defending, passing, and shooting stations</i>
10:00 – 10:30	AM Break				
10:30 – 12:30	Defending Drills <i>Practice 1v1 defending (pressure), 2v2 (cover & balance), and recovery runs</i>	Possession Play <i>Play Rondos (3v1 / 4v2) and practice playing through the midfield</i>	Attacking Combinations <i>Practice Give & Go, overlaps, and 2v1 or 3v2 attacking</i>	Shooting & Crossing <i>Focus on shooting technique, finishing inside the box, and attacking the cross</i>	Game Scenarios <i>Practice defending a lead, chasing a goal, and playing with an overload</i>
12:30 – 13:00	Lunch				
13:00 – 14:00	Team Defending <i>Focus on defending in numbers, compact shape, and when to press vs drop</i>	Team Play Concepts <i>Work on support angles, switching play, and playing forward vs safe passing</i>	Team Attacking <i>Create space, practice movement off the ball, and finish from open play</i>	Final Third Play <i>Practice cut-backs, shots after passes, and timing runs into the box</i>	Showcase Rehearsal and Parent’s Showcase (1:45PM) <i>Showcase the skills learned for the week, including displays of agility drills, technical drills, and matches</i>
14:00 – 14:45	Matches Defensive Focus <i>Apply defensive focus with extra points for clean tackles and team shape</i>	Matches Midfield Rules <i>Follow midfield rules where goals count after 3 passes</i>	Matches Attacking Focus <i>Focus on attacking with bonus points for combination goals</i>	Matches Scoring Rules <i>Follow scoring rules with extra points for cross + finish</i>	
14:45 – 15:00	PM Break / Pack up / Home				

Super Swim (Age: 9-12)					
SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 09:00	Arrival				
09:00 – 10:00	Introduction <i>Get to know everyone and the rules and regulations</i> Dynamic Warmup Swim: Freestyle Efficiency <i>Refine Distance Per Stroke (DPS), catch mechanics, and body rotation to glide farther with smooth powerful strokes</i>	Light Stretch and Journaling <i>Unwind with gentle stretching and reflective journaling to relax the body and track progress</i>	Resistance Band Routine <i>Build strength and mobility with band exercises that target key swimming muscles</i> Swim: Backstroke <i>Enhance underwater dolphin kicks and improve backstroke technique, strong kicks, streamlined positioning, and powerful push offs</i>	Swim Circuits Warm-up <i>Rotate through lanes with varied drills to challenge technique, control, and endurance</i> Swim: Individual Medley (IM) <i>Link all strokes together while building smooth transitions, rhythm, and control across the medley</i>	Race Preparation Session: Starts & Breakouts <i>Focus on reaction time, dive mechanics, streamline position, underwater dolphin kicks, and breakout timing to maximise speed off the blocks and walls</i>
10:00 – 10:30	AM Break				
10:30 – 11:00	Dryland - Core Strength <i>Strengthen core stability to support streamline position, balance, and stroke control</i>	Classroom - Goal Mapping Race Planning <i>Set clear goals and build race strategies that align with personal strengths and performance targets</i>	Classroom - Video Analysis <i>Analyse swim footage to spot strengths, correct technique, and improve performance</i>	Dryland - Power Plyometrics <i>Develop explosive power and speed for stronger starts, turns, and fast movements</i>	Dryland - Athletic Movement Skills <i>Develop balance, coordination, agility, and body awareness to improve swimming performance, movement, and injury prevention</i>
11:00 – 11:30	Mini Set - Pull Focus <i>Improve swim techniques, enhance water feel and upper body strength through controlled pulling and sculling drills and paddle works</i>	Video Feedback - Peer Review <i>Review swim footage and exchange feedback to sharpen technique awareness and communication</i>	Skill - Kicking Progression <i>Build leg strength, kick endurance, and core stability through progressive vertical kicking drills</i>	Mini Set - IM Ladder <i>Progressively increase and decrease the distance of IM swim to build endurance, stroke transition skills, and mental focus under fatigue</i>	Swim Skills - Race Pace Challenge <i>Hold target race pace over short repeats while maintaining stroke technique and efficiency, building pacing skills for competition success</i>
11:30 – 12:00	Snorkel + Streamline <i>Removes breathing distractions to focus on posture, balance, relaxed movement, improving streamline, controlled breathing, and stroke efficiency</i>	Relay Changeovers <i>Practice fast and precise relay exchanges in a fun and competitive team setting</i>	Swim Quiz Challenge <i>Test knowledge of stroke rules and techniques through an interactive quiz challenge</i>	Fin Set - Resistance vs Sprint <i>Uses fins to alternate between resisted swimming and sprints bursts to boost leg power, speed, and anaerobic capacity</i>	Recovery Swim & Mobility <i>Easy swim with mobility exercises for shoulders, hips, and ankles to support recovery and flexibility</i>
12:00 – 12:30	Lunch				
12:30 – 13:00	Active Recovery Walk <i>Enjoy a light walk outdoors to promote recovery, reduce soreness, and reset after training</i>	Dryland Games - Partner Challenges <i>In pairs, complete challenges that builds coordination, core strength, and teamwork</i>	Classroom - Nutrition <i>Learn how to fuel, hydrate, and recover effectively for better performance and growth</i>	Yoga For Swimmers <i>Improve flexibility, breathing, and recovery while supporting mobility and injury prevention</i>	Active Recovery Walk <i>Light walk around campus to promote circulation and recovery after morning swim block</i>
13:00 – 13:30	Classroom - Race Strategy <i>Learn to build customised race plans and break down race phases to build personalised strategies for pacing, turns, and finishes</i>	Breathing Control - Hypoxic Sets <i>Train lung capacity, breath discipline, and mental toughness by reducing breathing frequency to improve swim efficiency</i>	Swim Drill - Breaststroke <i>Refine timing, kick technique, and streamline for a smooth, legal stroke with minimal resistance and maximum glide</i>	Team Challenge Planning <i>Work together to solve swimming challenges and relay tasks, building communication, leadership, and teamwork skills</i>	Reflections and Certification Awards <i>Celebrate progress, reflect on achievements, and recognise milestones</i>
13:30 – 14:00	Skill Lab - Flip Turns and Sprint Finisher <i>Refine freestyle and backstroke flip turns focused on turn timing, posture, breathing, and a tight and fast push off into streamline</i>	Stroke Review - Choice Fix <i>Select weakest or most strategic stroke for personalised correction and refinement</i>	Relay Planning <i>Work together to plan team order, strategies, and exchanges to develop leadership skills, strengthen teamwork and race execution</i>	Kick Power Circuit <i>Stations include vertical kicking, streamline kicking, fin kicking and kickboard sprints, designed to improve leg strength, endurance and propulsion across all strokes</i>	Free and Easy Showcase Preparation <i>Enjoy relaxed pool time with light practice, free play, and space to mentally prepare for the showcase</i>
14:00 – 14:45	Sprints <i>Push speed and endurance with repeated high intensity efforts under fatigue to develop anaerobic capacity, fast recovery, and mental grit</i>	Swim - Mini Time Trials <i>Simulate race conditions with short timed swims to test performance</i>	Swim - Underwater Mastery <i>Develop strong underwater control, powerful dolphin kicks, and efficient breakouts to maximise speed and distance of starts and turns</i>	Sculling Skills Lab <i>PA focused feel-for-water session using front, mid and finish sculling drills, developing stronger catch and better awareness of hand position throughout the stroke</i>	Showcase <i>50m race session of all 4 strokes and comparing to first time trial by applying skills learned, followed by a 100 IM with race pace to demonstrate skills and progress</i>
14:45 – 15:00	PM Break / Pack up / Home				